

2A NORTHWEST DISTRICT 1
BOYS SWIMMING AND DIVING CHAMPIONSHIPS
February 9th and 10th, 2024
Fidalgo Pool & Fitness Center
1603 22nd Street
Anacortes, WA 98221
Meet Facts

A. Meet Director: Justin Portz, A.D., Anacortes High School jportz@asd103.org 360-503-1305

B. Meet Manager: Leslie Mix, Head Coach, Anacortes High School
Email Entries to: lmix@asd103.org Daytime phone: (360) 795-5704

C. Dates and Times

1. Friday, February 9th	1:00 pm - 2:30 pm	Preliminary Swim Warm-up
2. Friday, February 9th	2:45 pm - 7:00 pm	Swim Preliminaries
3. Saturday, February 10th	9:30 am - 11:00 am	Dive Warm-up
4. Saturday, February 10th	11:15 am - 1:30 pm	Dive prelims and semis
5. Saturday, February 10th	1:30 pm - 2:30 pm	Swim / Dive Finals Warm-up
6. Saturday, February 10th	2:45 pm - 7:30 pm	Swim / Dive Finals

D. Entries

1. Each school may enter one relay team per relay event. Entries for individual-swimming events must have equaled or bettered the district time standard during any high school meet for the current season. A maximum of four competitors per team may be entered into each individual event, provided each has achieved the qualifying standard. Each competitor may enter a maximum of two individual and two relay events, or three relays and one individual event.
2. In the event that any individual swimming event is not filled to 18 entries, the event will be filled to not less than three full heats from the next fastest submitted times by the respective team coaches. Coaches must submit on the supplemental entry form the names and times of all swimmers wishing additional consideration. Completed supplemental entry forms must be delivered to the meet manager by **12:00 noon Sunday, February 4th**. Any forms received after said time and date will not be considered.

Note: Do not put supplemental entries or times on the electronic master entry. These will be added, if needed, on Sunday, February 4th.

3. Coaches are expected to submit electronic entries using hy-tek by 12:00 noon Sunday, February 4th. All coaches need to fill out the supplemental (wild card) form using excel. Entries need to be forwarded to Leslie Mix, Meet Manager, at lmix@asd103.org.
4. **Dive sheets** need to be delivered on Friday February 9th at 1:00pm.
5. Anacortes entries will be completed and sent to Justin Portz, Anacortes High School Athletic Director & Meet Director by Saturday, February 3rd @ 6:00pm.

E. Competing Schools:

- | | | | |
|----------------------|----------------------|------------------|---------------|
| 1. Anacortes | 4. Blaine | 7. Sedro Woolley | 10. Squalicum |
| 2. Archbishop Murphy | 5. Burlington-Edison | 8. Sehome | |
| 3. Bellingham | 6. Lynden | 9. South Whidbey | |

F. Games Committee

1. Tournament Director
2. Head Referee
3. Coach(es) not involved in the appeal

6. Only the following are allowed onto the pool deck (Coaches we need your help please let the meet director know if you find someone on deck that should not be there):

4 coaches, 2 managers, swimmers who are entered into the meet, alternates and current team members.

Note:

Access to the deck area will be limited to (1) Pool employees, (2) Meet officials, timers, scorekeepers & runners, (3) Entered team members, coaches & managers, (4) Supervisory school personnel, (5) Accredited members of the press, and (6) Handicapped requiring special attention. This does not include parents, pep squads, or members of the girl's team.

H. Diving Competition

1. A diving score sheet shall be received with the meet entry **by Friday, February 9th 1pm.**
2. Changes will be allowed up to 1 hour prior to the start of the competition. Divers should not make changes without the knowledge of their respective coaches.
3. Divers can expect at least one practice dive or water entry between the preliminary and semi-final round, and again just before the start of the final round.
4. Each participating school is required to have one qualified judge representing their school attend the meet.

I. Qualifying Standards 2A.

<u>Event</u>	<u>District</u>	<u>State</u>
1. 200 yard Medley Relay	(1) Team	1:48.30
2. 200 yard Freestyle	2:21.99	1:53.00
3. 200 yard Individual Medley	2:39.99	2:08.50
4. 50 yard Freestyle	26.99	22.95
5. 1 Meter Diving	11 dive list	265/11.6 DD
6. 100 yard Butterfly	1:19.99	56.50
7. 100 yard Freestyle	59.99	50.90
8. 500 yard Freestyle	6:49.99	5:12.00
9. 200 yard Freestyle Relay	(1) Team	1:36.00
10. 100 yard Backstroke	1:17.99	58.50
11. 100 yard Breaststroke	1:25.99	1:04.50
12. 400 yard Freestyle Relay	(1) Team	3:34.00

Updated: Dec 19 2023

State Allocations

The first two (2) in individual events and first two (2) in relay events qualify for the state meet by District 1 WIAA allocation. There will be a total of 20 athletes per event this year at state.

J. Intermissions

1. In preliminaries there will be a 15-minute warm-up period after the 50-yard freestyle and a 5 minute break before and after all relays.
2. In the finals there will be at least a 10-minute warm-up period after the diving and a 5 minute break before and after all relays.

K. Scoring

1. Six swimmers or relays will qualify for the finals; six swimmers or relays will qualify for the consolation finals. Scoring will be to 12 places.

L. Coaches Information

1. There will be a coach’s meeting in the meeting room off the pool lobby, 15 minutes prior to the start of the meet.
2. **No oil** will be allowed on the bodies of swimmers.
3. No on-premises shaving will be allowed.
4. Swimmers will be allowed to enter the diving tank of the pool for warm-up and warm-down, once the swimming events start each day of the competition. This is a privilege and will be taken away if it is abused. The swimmer must enter the water feet first with one hand on the deck. **NO JUMPING IN, NO DIVING, NO SPRINTING!**
5. Awards for the top six places will be presented after the following event. Athletes earning awards shall assemble in the starting area prior to awards to promptly go to their respective starting block in their **team uniform**. No Towels.
6. Valuables should not be left unattended, particularly in locker rooms and unsecured busses.
7. For purposes of safety, there will be **NO** celebrations involving pushing or throwing team members or coaches into the pool.
8. Personal audio systems with external speakers (Boom Boxes) must be turned off at the start of warm-ups each day until the completion of competition.
9. All questions not specifically covered in this meet information will be answered by either the meet director, meet manager and/or meet committee following proper protocol.

M. Admission

Preliminaries & Finals February 9th and 10th, 2024

Adults	\$8.00
Senior Citizens (Age 62)	\$6.00
Students (no ASB card)	\$8.00
Students (with ASB card)	\$6.00
Children (Elem. Students)	\$6.00
Children (non-Elem. Students).....	Free