

2024 GIRLS NORTH SUB-REGIONAL #1 WRESTLING TOURNAMENT

Squalicum High School
Saturday, February 3rd, 2024

SEED MEETING INFORMATION

The seed meeting will be held at the Squalicum High School library on **Tuesday, January 30th at 7:00p.m.** To expedite the seeding process, please submit names into **Track Wrestling NO LATER than noon on Tuesday, January 30th.** We will have the tournament set-up in **Track Wrestling** by Friday January 26th.

If you are having difficulty accessing the tournament in Track Wrestling please email Russ Robinson (email below.)

TOURNAMENT FACTS

Tournament Director
Patrick Brown, AD
Squalicum High School
Cell: (360) 303-0664
Work Phone: (360) 676-6471
patrick.brown@bellingshamschools.org

Tournament Manager (Track Wrestling)
Russ Robinson
russell.robinson@bellingshamschools.org
Cell: (360) 306-1071
Work Phone: (360) 676-6471

Administrative Assistant
Pam Behee
pamela.behee@bellingshamschools.org
Work Phone: (360) 676-6471

LOCATION OF TOURNAMENT

Squalicum High School Gymnasium-Directions and map below.
3773 East McLeod Road
Bellingham, WA 98226
Telephone: Athletic Office: (360) 676-6471

PARTICIPATING SCHOOLS: North Sub-Regional

NORTHWEST 1A, NORTHWEST 2A, NORTHWEST 1B/2B
EMERALD SOUND 1A, KINGCO 2A, SEA TAC 1B/2B
WESCO 2A

SEEDING CRITERIA

Seeding (at the seeding meeting) for the Tournament will be based on:

- Head to Head – Current Year. If tied, the last match decides seed unless decided by injury default.
- State Placer-Anytime
- State Participant
- Overall Season Record
 - Excluding forfeits
 - If both participants have wrestled more than 20 matches, comparison will be based on win percentage.
 - Match count

ITINERARY:

Saturday, February 3rd, 2024

Weigh In: 8:30 AM
Coaches Meeting: 9:30 AM
National Anthem: 9:58 AM
Matches Begin: 10:00 AM

TOURNAMENT POINTS

The top six (6) placers in each weight class earn points at the following ratio:

FIRST PLACE.....16 points
SECOND PLACE.....12 points
THIRD PLACE.....9 points
FOURTH PLACE.....7 points
FIFTH PLACE.....5 points
SIXTH PLACE.....3 points

Medals will be awarded to champions in each weight class.

WEIGH-IN:

- a. National Federation Wrestling Rules weigh-in procedures will be used at all WIAA Regional Tournaments.
- b. Electronic scales will be used for weigh-ins and should expedite the process.
- c. Officials will be available at the weigh-ins for skin checks. We will run at least three scales during weigh-in.
- d. Wrestlers receive a 2-pound post-season allowance.

WARM-UPS

Once wrestling begins, a mat room is available for warm-up.

QUALIFYING FOR REGIONALS

Girl's Regional-Regionals will be held at White River High School. Four wrestlers will advance to the regionals. We will wrestle through 6th with 5th and 6th advancing to Regionals as alternates.

Mat Classic-Tacoma Dome. Top three placers from the Region 1 Tournament will advance to the State Tournament.

ADMISSION

	<u>Per day</u>
Adults & Students w/out ASB	\$8
Students (7-12) w/ASB	\$6
Seniors (65+)	\$6
Preschool (accompanied by adult)	FREE

Ticket sales will start 45 minutes prior to the first matches.

Tickets may also be purchased from GoFan.

PASSES

District One and Two Event Supervisory Pass only and District 1/WIAA Lifetime passes are valid for admission. The school name must be printed/typed on the pass. No other passes will be accepted.

Participants, coaches and support staff needs to be listed/typed on the participant's pass list provided below.

This list needs to be completed and returned to the Squalicum HS Athletic Office by 11:00 am, Wednesday, January 31st.

PRESS- Members of the working media and press photographers who wish to cover the event will be admitted, but need to check-in at the pass gate with appropriate credentials.

AWARDS

Individual First Place at each weight will receive a medal from WIAA District One. 2nd through 4th places will receive a ribbon. A championship team trophy will be awarded.

PROGRAMS

Spectators can follow the tournament on Track Wrestling.

CONCESSIONS will be available.

CHEERLEADERS

Up to eight cheerleaders and their advisor will be admitted free. Please include on the pass list.

LOCKER ROOMS

Locker rooms will be provided. Individuals will need to provide their own towels and are expected to treat the facilities with care.

W.I.A.A. TOURNAMENT RULES

W.I.A.A. tournament rules will apply. (i.e. Sportsmanship, signs, noisemakers, floor restrictions, coaches in the corner and admissions.)

FLOOR RESTRICTIONS

This is a WIAA post-season event. Spectators will not be allowed in the wrestling areas.

- a. Only two coaches and a scorer per school at a mat. Wrestlers not wrestling may not sit in the coach's area.
- b. Photographers and Video Cameras- ***Will not be allowed on the mats. Please inform parents that they will not be allowed to photograph in the wrestling area.***

INJURED WRESTLERS

A wrestler removed from participation in a tournament match due to an injury, shall not be allowed to continue until authorized by the medical authority that made the original decision at that tournament, or his/her designee. Decisions by the medical authority are final.

PROTEST

Protest filed by a representative of the school (i.e. coach or administrator, etc.) will be presented to the Tournament Director, who will then confer with the Tournament Games Committee. Their decision will be final and may not be appealed. Parents or other non-school persons may not file a protest. Parents are not allowed to be involved in the protest with the games committee.

TOURNAMENT COMMITTEE

1. Tournament Director: Patrick Brown
2. Head Official or other on-site official if H.O. is involved in protest.
3. Coach-Barb Morgan
4. Coach-Brian Porteous

W.I.A.A. EJECTION RULE

Wrestlers barred from all further competition (remainder of Sub-Regionals, and the Regional and State Tournament) if:

1. EJECTED FOR FIRST instance of Flagrant Misconduct (Federation Rule) OR

2. EJECTED FOR SECOND instance of Un-sportsmanlike Conduct (Federation Rule) of an “abusive” nature (W.I.A.A. standard).

USE OF TOBACCO/VAPING:

The Bellingham School District site is a tobacco free area under RCW 28A.210.310. Tobacco use is not allowed anywhere on the premises. Vaping is not allowed.

**TEAM / SCHOOL PASS LIST-
Region 1 North Sub-Region Girls Wrestling
(This document is typable)**

SCHOOL:

PARTICIPANT:	COACHES:	CHEERLEADERS:
1.	HEAD COACH:	1.
2.	1.	2.
3.	ASST. COACHES:	3.
4.	1.	4.
5.	2.	5.
6.	3.	6.
7.	4.	7.
8.	MANAGERS/STATS/VIDEO	8.
9.	1.	CHEER ADVISOR:
10.	2.	1.
11.	3.	
12.	4.	
13.	5.	
14.	SUPERVISORS:	
15.	1.	
16.	2.	
17.	3.	
18.	4.	
19.	5.	
20.		
21.		
22.		
23.		
24.		

Please email to:

patrick.brown@bellingshamschools.org

By 11:00AM, Wednesday, January 31st

PARKING and DRIVING DIRECTIONS

School Vans/buses will be directed to park in the “lower” parking lot, adjacent to the football field. Spectators will be directed to park in the “upper” parking lot at the front of Squalicum High School.

From Interstate 5 Northbound: Exit 255 (Sunset Drive, Mt. Baker Highway, State Route 542). At end of off ramp turn right. Continue on Sunset Drive approximately 1.6 miles. Turn right on McLeod Road. Squalicum High School is .3 mile on the left. Visitor parking is in the upper parking lot.

From Interstate 5 Southbound: Exit 255 (Sunset Drive, Mt. Baker Highway, State Route 542). At end of off ramp turn left. Continue on Sunset Drive approximately 1.6 miles. Turn right on McLeod Road. Squalicum High School is .3 mile on the left. Visitor parking is in the upper parking lot.



Squalicum High School

