

1A/2A WCD3 Girls Swim and Dive Championships - 11/7/2025 to 11/8/2025**Results - WCD3 Preliminaries****Event 1 Girls 200 Yard Medley Relay****1:44.15 AAA AA Automatic****1:46.22 AAC AA Consideration****2:02.00 2A-S**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Bainbridge Swim and Dive	A	1:54.60	1:54.10 q2A-S
1) Longridge, Olivia JR	2) Everett, Lena JR	3) Michael, Aria FR	4) DuPont, Rylee FR
29.92 1:03.61 (33.69)	1:29.51 (25.90)	1:54.10 (24.59)	
2 North Kitsap Vikings	A	1:57.27	1:57.36 q2A-S
1) Hedstrom, Aubrey SR	2) Yates, Carly SR	3) McLain, Shosho JR	4) Bang-Knudsen, Hanne FR
29.75 1:02.95 (33.20)	1:30.58 (27.63)	1:57.36 (26.78)	
3 Steilacoom	A	1:59.83	1:58.95 q2A-S
1) Field, Ava SR	2) Field, Ellie FR	3) Wetzler, Haileigh FR	4) Courtney, Kristin SO
26.98 58.01 (31.03)	1:30.10 (32.09)	1:58.95 (28.85)	
4 Olympic High School Girls	A	2:07.00	2:03.28 q
1) Swetland, Brooklynn FR	2) Tracy, Laura JR	3) Vogelpohl, Kaylee SR	4) Bischoff, Elsa SR
29.92 1:08.03 (38.11)	1:36.36 (28.33)	2:03.28 (26.92)	
5 Port Angeles High School	A	2:06.99	2:05.33 q
1) Reid, Lynzee G SR	2) Francis, Mia J SO	3) Kay-Sanders, Chloe C SR	4) Shaw, Lizzy D SR
30.99 1:06.27 (35.28)	1:37.15 (30.88)	2:05.33 (28.18)	
6 Sequim High School-PN	A	2:16.45	2:12.05 q
1) Beglyakov, Naomi SR	2) Ellefson, Annie SR	3) Shinkle, Ava JR	4) Sol, Holland L SR
37.23 1:11.60 (34.37)	1:39.62 (28.02)	2:12.05 (32.43)	
7 Bremerton High School-PN	A	2:14.06	2:12.23 q
1) Bevers, Evvie JR	2) Harmon, Avari M SR	3) Baptiste-Cerra, Chloe G SO	4) Taylor, Annabeth N FR
34.50 1:17.10 (42.60)	1:42.55 (25.45)	2:12.23 (29.68)	
8 Fife High School	A	2:26.29	2:18.76 q
1) Banham, Lillian SO	2) Oh, Arah SO	3) Bershatsky, Kat SR	4) Garcia, Kora FR
36.17 1:17.52 (41.35)	1:48.54 (31.02)	2:18.76 (30.22)	
9 Klahowya Girls Swim-PN	A	2:26.60	2:20.28 q
1) DeCourval, Ruby FR	2) Corn, Alison SR	3) Farmer, Yulia JR	4) Lasater, Megan FR
36.86 1:21.85 (44.99)	1:47.45 (25.60)	2:20.28 (32.83)	
10 Clover Park	A	2:22.44	2:21.01 q
1) De Vega, Mia JR	2) Ayala, Nadia SO	3) Stephens, Lola SR	4) Yasharahla, Yaqaryah JR
39.41 1:16.78 (37.37)	1:50.51 (33.73)	2:21.01 (30.50)	
11 Eatonville Cruisers	A	2:17.80	2:31.92 q
1) Hays, Lily JR	2) Morrish, Jane SO	3) Frey, Riley FR	4) Stumph, Charlotte SR
40.20 1:23.54 (43.34)	2:01.10 (37.56)	2:31.92 (30.82)	
--- East Jefferson	A	2:23.11	DQ
1) Ferland, Bella JR	2) Lynch, Frances JR	3) Bosley, Stella SO	4) Mack, Zella SR
34.05 1:21.77 (47.72)	1:53.09 (31.32)	DQ (32.63)	
--- Kingston Buccaneers	A	2:28.74	DQ
1) Grimes-Swart, Taylor E SR	2) Spencer, Phoebe J SO	3) Gillanders, Emmerson SO	4) Terry, Stella SR
39.56 1:16.43 (36.87)	1:47.64 (31.21)	DQ (34.60)	

Event 2 Girls 200 Yard Freestyle**1:48.81 AAA AA Automatic****1:50.65 AAC AA Consideration****2:06.00 2A-S****2:24.40 2A-D**

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Rehder, Lily		SO Bainbridge Swim and Dive	2:05.30	2:04.15 q2A-S
27.54	58.64 (31.10)	1:31.43 (32.79)	2:04.15 (32.72)	

1A/2A WCD3 Girls Swim and Dive Championships - 11/7/2025 to 11/8/2025**Results - WCD3 Preliminaries****Preliminaries ... (Event 2 Girls 200 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
2	Rich, Harper	FR	Bainbridge Swim and Dive	2:06.81	2:04.98	q2A-S
	28.28	59.53 (31.25)	1:32.48 (32.95)	2:04.98 (32.50)		
3	Husmoe, Ashley	SR	North Kitsap Vikings	2:04.65	2:05.27	q2A-S
	28.35	59.82 (31.47)	1:33.08 (33.26)	2:05.27 (32.19)		
4	Swetland, Brooklynn	FR	Olympic High School Girls	2:06.66	2:07.04	q2A-D
	28.47	1:00.25 (31.78)	1:33.27 (33.02)	2:07.04 (33.77)		
5	Nelson, Amayah A	JR	Port Angeles High School	2:13.75	2:08.24	q2A-D
	28.43	1:00.18 (31.75)	1:34.20 (34.02)	2:08.24 (34.04)		
6	Jasperson, Lola	FR	Bainbridge Swim and Dive	2:11.38	2:10.14	q2A-D
	30.08	1:03.41 (33.33)	1:37.12 (33.71)	2:10.14 (33.02)		
7	Wolf, Maya	JR	Bainbridge Swim and Dive	2:13.27	2:12.85	q2A-D
	29.37	1:02.08 (32.71)	1:37.42 (35.34)	2:12.85 (35.43)		
8	Harmon, Avari M	SR	Bremerton High School-PN	2:18.71	2:13.80	q2A-D
	29.86	1:03.74 (33.88)	1:39.69 (35.95)	2:13.80 (34.11)		
9	Opanasevych, Sofia	SR	Fife High School	2:23.19	2:19.30	q2A-D
	30.40	1:04.89 (34.49)	1:42.05 (37.16)	2:19.30 (37.25)		
10	Francis, Mia J	SO	Port Angeles High School	2:23.16	2:20.13	q2A-D
	31.22	1:06.28 (35.06)	1:43.12 (36.84)	2:20.13 (37.01)		
11	Heinrich, Melanie	JR	Washington High School-PN	2:18.65	2:20.79	q2A-D
	29.87	1:04.41 (34.54)	1:42.32 (37.91)	2:20.79 (38.47)		
12	Townsend, Lucy L	SO	Port Angeles High School	2:21.36	2:21.75	q2A-D
	32.63	1:08.94 (36.31)	1:46.07 (37.13)	2:21.75 (35.68)		
13	Bershatsky, Kat	SR	Fife High School	2:23.09	2:22.76	q2A-D
	31.69	1:07.64 (35.95)	1:45.52 (37.88)	2:22.76 (37.24)		
14	Corn, Alison	SR	Klahowya Girls Swim-PN	2:23.90	2:25.38	q
	31.58	1:07.86 (36.28)	1:46.62 (38.76)	2:25.38 (38.76)		
15	Baysden, Emalee	JR	North Kitsap Vikings	2:27.52	2:27.27	q
	32.27	1:09.31 (37.04)	1:48.37 (39.06)	2:27.27 (38.90)		
16	Edmund, Ava	SR	Fife High School	2:34.44	2:33.12	q
17	Garcia, Kora	FR	Fife High School	2:40.43	2:33.68	
	34.45	1:13.83 (39.38)	1:55.21 (41.38)	2:33.68 (38.47)		
18	England, Cova	FR	Steilacoom	2:42.41	2:36.80	
	32.70	1:10.45 (37.75)	2:36.80 (1:26.35)			
19	Wetzler, Haileigh	FR	Steilacoom	2:32.07	2:37.09	
	34.98	1:15.04 (40.06)	1:56.56 (41.52)	2:37.09 (40.53)		
20	Stumph, Charlotte	SR	Eatonville Cruisers	2:38.52	2:38.69	
	36.06	1:16.28 (40.22)	1:58.06 (41.78)	2:38.69 (40.63)		
21	Hays, Lily	JR	Eatonville Cruisers	2:40.35	2:41.06	
	34.73	1:15.45 (40.72)	1:59.39 (43.94)	2:41.06 (41.67)		
22	Lambert, Harmony	JR	Clover Park	2:43.77	2:45.61	
	38.44	1:20.39 (41.95)	2:03.30 (42.91)	2:45.61 (42.31)		
23	Frey, Riley	FR	Eatonville Cruisers	2:46.18	2:47.34	
	36.25	1:17.88 (41.63)	2:02.97 (45.09)	2:47.34 (44.37)		
24	Czuprynski, Hailey	SR	North Kitsap Vikings	2:48.04	3:24.12	
	42.50	1:35.86 (53.36)	2:31.09 (55.23)	3:24.12 (53.03)		

1A/2A WCD3 Girls Swim and Dive Championships - 11/7/2025 to 11/8/2025**Results - WCD3 Preliminaries****Event 3 Girls 200 Yard IM****2:01.47 AAA AA Automatic****2:03.99 AAC AA Consideration****2:23.00 2A-S****2:45.50 2A-D**

Name		Yr School		Seed Time	Prelim Time
Preliminaries					
1	Field, Ava	SR	Steilacoom	2:10.80	2:07.05 q2A-S
	27.77	59.09 (31.32)	1:36.67 (37.58)	2:07.05 (30.38)	
2	Field, Ellie	FR	Steilacoom	2:18.68	2:15.49 q2A-S
	30.31	1:04.21 (33.90)	1:43.04 (38.83)	2:15.49 (32.45)	
3	Keigley, Audrey	SO	Bainbridge Swim and Dive	2:19.01	2:17.08 q2A-S
	28.76	1:03.80 (35.04)	1:43.24 (39.44)	2:17.08 (33.84)	
4	Shinkle, Ava	JR	Sequim High School-PN	2:27.64	2:18.89 q2A-S
	29.16	1:04.18 (35.02)	1:46.38 (42.20)	2:18.89 (32.51)	
5	Everett, Lena	JR	Bainbridge Swim and Dive	2:19.74	2:21.39 q2A-S
	30.15	1:05.94 (35.79)	1:47.35 (41.41)	2:21.39 (34.04)	
6	Yates, Carly	SR	North Kitsap Vikings	2:24.07	2:22.41 q2A-S
	30.41	1:07.17 (36.76)	1:49.10 (41.93)	2:22.41 (33.31)	
7	Longridge, Olivia	JR	Bainbridge Swim and Dive	2:26.46	2:25.69 q2A-D
	29.63	1:05.13 (35.50)	1:52.06 (46.93)	2:25.69 (33.63)	
8	Herten, Amanda	SR	Bainbridge Swim and Dive	2:36.37	2:33.14 q2A-D
	32.06	1:10.92 (38.86)	1:57.80 (46.88)	2:33.14 (35.34)	
9	Tejeda, Anaya	FR	Port Angeles High School	2:39.78	2:36.81 q2A-D
	33.36	1:12.99 (39.63)	2:00.07 (47.08)	2:36.81 (36.74)	
10	Gillanders, Emmerson	SO	Kingston Buccaneers	2:42.37	2:37.52 q2A-D
	32.61	1:12.28 (39.67)	1:59.80 (47.52)	2:37.52 (37.72)	
11	Tracy, Laura	JR	Olympic High School Girls	2:40.68	2:39.51 q2A-D
	35.36	1:16.29 (40.93)	2:02.77 (46.48)	2:39.51 (36.74)	
12	Fletcher, Abi M	SO	Bremerton High School-PN	2:53.27	2:52.57 q
	37.83	1:21.07 (43.24)	2:14.48 (53.41)	2:52.57 (38.09)	
13	Karjalainen, Ellie	FR	Port Angeles High School	2:45.66	2:53.76 q
	38.75	1:19.76 (41.01)	2:09.29 (49.53)	2:53.76 (44.47)	
14	Rhodes, Emma M	SO	Sequim High School-PN	3:11.90	3:05.15 q
	42.38	1:34.14 (51.76)	2:22.75 (48.61)	3:05.15 (42.40)	
15	Morrish, Jane	SO	Eatonville Cruisers	3:13.07	3:12.17 q
		1:36.95 ()	2:28.81 (51.86)	3:12.17 (43.36)	
16	Naska, Nikki L	SO	Kingston Buccaneers	3:27.35	3:27.55 q
	46.70	1:37.01 (50.31)	2:43.97 (1:06.96)	3:27.55 (43.58)	
---	King, Grace	FR	Eatonville Cruisers	2:58.53	DQ
	37.96	1:25.75 (47.79)	2:15.47 (49.72)	DQ (40.24)	
---	Kay-Sanders, Chloe C	SR	Port Angeles High School	2:38.61	DQ
	32.70	1:16.36 (43.66)	2:03.68 (47.32)	DQ (39.14)	
---	Palfenier, Amelia	FR	Eatonville Cruisers	3:19.50	DQ
	40.33	1:29.07 (48.74)	2:33.15 (1:04.08)	DQ (43.08)	

Event 4 Girls 50 Yard Freestyle**23.06 AAA AA Automatic****23.48 AAC AA Consideration****26.10 2A-S****28.50 2A-D**

Name		Yr School		Seed Time	Prelim Time
Preliminaries					
1	Farmer, Yulia	JR	Klahowya Girls Swim-PN	25.65	25.10 q2A-S

1A/2A WCD3 Girls Swim and Dive Championships - 11/7/2025 to 11/8/2025**Results - WCD3 Preliminaries****Preliminaries ... (Event 4 Girls 50 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
2	DuPont, Rylee	FR	Bainbridge Swim and Dive	24.62	25.11	q2A-S
3	McLain, Shosho	JR	North Kitsap Vikings	25.13	25.53	q2A-S
4	Brown, Camden	SO	Bainbridge Swim and Dive	26.37	25.94	q2A-S
5	Ruddick, Shea	SO	Bainbridge Swim and Dive	26.40	26.08	q2A-S
6	Bang-Knudsen, Hanne	FR	North Kitsap Vikings	26.69	26.89	q2A-D
7	Screen, Ruthie	JR	Bainbridge Swim and Dive	28.28	27.32	q2A-D
8	Bischoff, Elsa	SR	Olympic High School Girls	27.42	27.33	q2A-D
9	Tomyn, Nicole	SR	Eatonville Cruisers	27.25	27.54	q2A-D
10	Heinrich, Melanie	JR	Washington High School-PN	27.68	27.71	q2A-D
11	Stephens, Lola	SR	Clover Park	28.33	28.02	q2A-D
12	Shaw, Lizzy D	SR	Port Angeles High School	27.95	28.48	q2A-D
13	Bevers, Evvie	JR	Bremerton High School-PN	27.98	28.75	q
14	Courtney, Kristin	SO	Steilacoom	29.74	28.86	q
15	Ray, Madison	SO	Steilacoom	30.24	29.57	q
16	Taylor, Annabeth N	FR	Bremerton High School-PN	31.89	30.59	q
17	Riegel, Ema	SR	North Kitsap Vikings	31.77	30.69	
18	Sol, Holland L	SR	Sequim High School-PN	30.07	30.85	
19	Ayala, Nadia	SO	Clover Park	31.20	30.87	
20	Ibarra, Evalynn	SO	North Kitsap Vikings	32.45	32.17	
21	Watson, Quinn D	JR	Kingston Buccaneers	33.72	32.47	
22	De Vega, Mia	JR	Clover Park	32.46	32.52	
23	Lawson, Abby	SO	Steilacoom	33.83	32.76	
24	Beglyakov, Naomi	SR	Sequim High School-PN	32.33	32.82	

Event 6 Girls 100 Yard Butterfly

54.29 AAA AA Automatic

55.44 AAC AA Consideration

1:04.50 2A-S

1:19.20 2A-D

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Michael, Aria	FR	Bainbridge Swim and Dive	59.51	59.03	q2A-S
	26.97		59.03 (32.06)			
2	Rehder, Lily	SO	Bainbridge Swim and Dive	1:01.44	1:01.14	q2A-S
	28.44		1:01.14 (32.70)			
3	Brown, Camden	SO	Bainbridge Swim and Dive	1:03.05	1:01.24	q2A-S
	28.54		1:01.24 (32.70)			
4	Swetland, Brooklynn	FR	Olympic High School Girls	1:03.66	1:01.82	q2A-S
	28.93		1:01.82 (32.89)			
5	Hedstrom, Aubrey	SR	North Kitsap Vikings	1:04.88	1:02.20	q2A-S
	28.84		1:02.20 (33.36)			
6	Shinkle, Ava	JR	Sequim High School-PN	1:04.32	1:03.59	q2A-S
	29.61		1:03.59 (33.98)			
7	Vogelpohl, Kaylee	SR	Olympic High School Girls	1:08.00	1:04.46	q2A-S
	29.75		1:04.46 (34.71)			
8	Ramey, Natalie	JR	North Kitsap Vikings	1:06.51	1:05.57	q2A-D
	29.83		1:05.57 (35.74)			
9	Baptiste-Cerra, Chloe G	SO	Bremerton High School-PN	1:09.27	1:07.48	q2A-D
	32.04		1:07.48 (35.44)			
10	Kay-Sanders, Chloe C	SR	Port Angeles High School	1:10.89	1:11.24	q2A-D
	32.64		1:11.24 (38.60)			

1A/2A WCD3 Girls Swim and Dive Championships - 11/7/2025 to 11/8/2025**Results - WCD3 Preliminaries****Preliminaries ... (Event 6 Girls 100 Yard Butterfly)**

Name	Yr	School	Seed Time	Prelim Time	
11 Gillanders, Emmerson	SO	Kingston Buccaneers	1:17.47	1:11.29	q2A-D
33.71	1:11.29	(37.58)			
12 Bershatsky, Kat	SR	Fife High School	1:12.37	1:13.06	q2A-D
33.12	1:13.06	(39.94)			
13 Tejada, Anaya	FR	Port Angeles High School	1:15.82	1:14.54	q2A-D
35.10	1:14.54	(39.44)			
14 Stephens, Lola	SR	Clover Park	1:18.70	1:14.55	q2A-D
33.76	1:14.55	(40.79)			
15 Shepard, Olyvia	SR	Bainbridge Swim and Dive	1:18.12	1:15.49	q2A-D
33.65	1:15.49	(41.84)			
16 Wetzler, Haileigh	FR	Steilacoom	1:16.80	1:18.02	q2A-D
36.52	1:18.02	(41.50)			
17 Yoeun, Chloe	SR	Fife High School	1:22.67	1:25.55	
35.13	1:25.55	(50.42)			
18 McNamara, Quinn	SO	Steilacoom	1:28.49	1:25.82	
38.36	1:25.82	(47.46)			
19 Frey, Riley	FR	Eatonville Cruisers	1:28.20	1:32.09	
40.74	1:32.09	(51.35)			
20 Fanony, Mara	SR	Steilacoom	1:41.03	1:38.92	
42.94	1:38.92	(55.98)			
21 Weaver, Abigail	JR	Steilacoom	2:03.01	1:43.83	
45.22	1:43.83	(58.61)			

Event 7 Girls 100 Yard Freestyle

50.13 AAA AA Automatic
50.99 AAC AA Consideration
57.60 2A-S
1:04.50 2A-D

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 DuPont, Rylee	FR	Bainbridge Swim and Dive	54.63	54.84	q2A-S
26.40	54.84	(28.44)			
2 McLain, Shosho	JR	North Kitsap Vikings	55.96	56.34	q2A-S
27.27	56.34	(29.07)			
3 Keigley, Audrey	SO	Bainbridge Swim and Dive	58.03	56.57	q2A-S
27.46	56.57	(29.11)			
4 Ruddick, Shea	SO	Bainbridge Swim and Dive	1:00.06	57.20	q2A-S
27.74	57.20	(29.46)			
5 Ellefson, Annie	SR	Sequim High School-PN	1:02.17	1:00.83	q2A-D
29.21	1:00.83	(31.62)			
6 Tomy, Nicole	SR	Eatonville Cruisers	1:03.66	1:00.87	q2A-D
29.52	1:00.87	(31.35)			
7 Paulson-Houser, Allie	SR	Bainbridge Swim and Dive	1:03.51	1:00.97	q2A-D
29.33	1:00.97	(31.64)			
8 Bischoff, Elsa	SR	Olympic High School Girls	1:02.46	1:01.75	q2A-D
28.90	1:01.75	(32.85)			
9 Opanasevych, Sofia	SR	Fife High School	1:03.81	1:02.36	q2A-D
29.37	1:02.36	(32.99)			
10 Bevers, Evvie	JR	Bremerton High School-PN	1:04.21	1:02.97	q2A-D
30.62	1:02.97	(32.35)			
11 Ferland, Bella	JR	East Jefferson	1:06.07	1:03.71	q2A-D
29.76	1:03.71	(33.95)			

1A/2A WCD3 Girls Swim and Dive Championships - 11/7/2025 to 11/8/2025**Results - WCD3 Preliminaries****Preliminaries ... (Event 7 Girls 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time	
12 McVey, Estella	SO	North Kitsap Vikings	1:01.73	1:03.92	q2A-D
30.20	1:03.92 (33.72)				
13 England, Cova	FR	Steilacoom	1:11.29	1:09.57	q
32.60	1:09.57 (36.97)				
14 Forsman, Clara	FR	Eatonville Cruisers	1:12.01	1:10.49	q
32.08	1:10.49 (38.41)				
15 Lee, Leila	FR	Steilacoom	1:13.61	1:10.99	q
33.60	1:10.99 (37.39)				
16 Ibarra, Evalynn	SO	North Kitsap Vikings	1:12.97	1:12.88	q
34.68	1:12.88 (38.20)				
17 Ray, Madison	SO	Steilacoom	1:12.28	1:14.30	
38.02	1:14.30 (36.28)				
18 Taylor, Annabeth N	FR	Bremerton High School-PN	1:10.65	1:14.54	
35.14	1:14.54 (39.40)				
19 Rhodes, Emma M	SO	Sequim High School-PN	1:16.14	1:14.76	
36.62	1:14.76 (38.14)				
20 Terry, Elise	SR	Kingston Buccaneers	1:18.92	1:15.85	
35.55	1:15.85 (40.30)				
21 Miller, Zoe L	JR	Kingston Buccaneers	1:13.07	1:16.08	
36.72	1:16.08 (39.36)				
22 Belle, Lucia	FR	Clover Park	1:16.44	1:16.95	
35.54	1:16.95 (41.41)				
23 Mack, Zella	SR	East Jefferson	1:13.79	1:17.13	
36.44	1:17.13 (40.69)				
24 Sol, Ashlyn I	SO	Sequim High School-PN	1:19.08	1:19.88	
37.31	1:19.88 (42.57)				

Event 8 Girls 500 Yard Freestyle**4:53.01 AAA AA Automatic****4:58.10 AAC AA Consideration****5:45.00 2A-S****6:41.80 2A-D**

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Rich, Harper	FR	Bainbridge Swim and Dive	5:38.13	5:27.31	q2A-S
30.01	1:03.00 (32.99)	1:36.45 (33.45)	2:09.64 (33.19)		
2:43.14 (33.50)	3:16.28 (33.14)	3:49.55 (33.27)	4:23.03 (33.48)		
4:55.96 (32.93)	5:27.31 (31.35)				
2 Husmoe, Ashley	SR	North Kitsap Vikings	5:33.49	5:41.96	q2A-S
29.86	1:02.74 (32.88)	1:36.81 (34.07)	2:11.57 (34.76)		
2:46.67 (35.10)	3:21.77 (35.10)	3:57.05 (35.28)	4:32.39 (35.34)		
5:07.85 (35.46)	5:41.96 (34.11)				
3 Atchison, Evie	JR	Bainbridge Swim and Dive	5:43.60	5:45.78	q2A-D
30.19	1:03.48 (33.29)	1:37.32 (33.84)	2:12.63 (35.31)		
2:48.33 (35.70)	3:23.98 (35.65)	3:59.38 (35.40)	4:35.60 (36.22)		
5:11.26 (35.66)	5:45.78 (34.52)				
4 Nelson, Amayah A	JR	Port Angeles High School	6:04.93	5:48.74	q2A-D
31.00	1:05.29 (34.29)	1:40.56 (35.27)	2:16.11 (35.55)		
2:51.45 (35.34)	3:27.22 (35.77)	4:03.05 (35.83)	4:38.55 (35.50)		
5:13.80 (35.25)	5:48.74 (34.94)				

1A/2A WCD3 Girls Swim and Dive Championships - 11/7/2025 to 11/8/2025**Results - WCD3 Preliminaries****Preliminaries ... (Event 8 Girls 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
5	Wolf, Maya	JR	Bainbridge Swim and Dive	6:05.93	5:52.73	q2A-D
	31.19	1:05.28 (34.09)	1:40.70 (35.42)	2:16.57 (35.87)		
	2:52.72 (36.15)	3:29.12 (36.40)	4:05.27 (36.15)	4:41.49 (36.22)		
	5:17.89 (36.40)	5:52.73 (34.84)				
6	Bang-Knudsen, Hanne	FR	North Kitsap Vikings	5:50.19	5:53.17	q2A-D
	31.48	1:06.62 (35.14)	1:42.25 (35.63)	2:18.05 (35.80)		
	2:53.40 (35.35)	3:28.95 (35.55)	4:05.09 (36.14)	4:42.29 (37.20)		
	5:18.96 (36.67)	5:53.17 (34.21)				
7	Screen, Ruthie	JR	Bainbridge Swim and Dive	6:18.21	5:58.76	q2A-D
	30.69	1:04.85 (34.16)	1:40.66 (35.81)	2:17.24 (36.58)		
	2:53.45 (36.21)	3:30.96 (37.51)	4:09.14 (38.18)	4:47.45 (38.31)		
	5:24.87 (37.42)	5:58.76 (33.89)				
8	Harmon, Avari M	SR	Bremerton High School-PN	6:12.79	6:04.05	q2A-D
	31.30	1:06.87 (35.57)	1:44.27 (37.40)	2:22.24 (37.97)		
	3:00.07 (37.83)	3:37.73 (37.66)	4:15.12 (37.39)	4:53.49 (38.37)		
	5:30.09 (36.60)	6:04.05 (33.96)				
9	Howard, Annika	SR	Eatonville Cruisers	6:22.87	6:06.16	q2A-D
	31.70	1:07.25 (35.55)	1:44.70 (37.45)	2:22.52 (37.82)		
	3:00.38 (37.86)	3:38.35 (37.97)	4:15.66 (37.31)	4:53.53 (37.87)		
	5:31.34 (37.81)	6:06.16 (34.82)				
10	Prange, Beth	FR	Olympic High School Girls	6:21.79	6:17.19	q2A-D
	34.01	1:11.47 (37.46)	1:50.99 (39.52)	2:29.41 (38.42)		
			4:24.63 ()	5:02.74 (38.11)		
	5:40.78 (38.04)	6:17.19 (36.41)				
11	Townsend, Lucy L	SO	Port Angeles High School	6:28.68	6:17.81	q2A-D
	33.75	1:12.64 (38.89)	1:52.07 (39.43)	2:30.89 (38.82)		
	3:10.15 (39.26)	3:48.37 (38.22)	4:27.23 (38.86)	5:06.11 (38.88)		
	5:43.56 (37.45)	6:17.81 (34.25)				
12	Mason, Haeli	FR	Steilacoom	6:25.55	6:27.64	q2A-D
	32.53	1:09.71 (37.18)	1:48.85 (39.14)	2:28.66 (39.81)		
	3:08.68 (40.02)	3:47.99 (39.31)	4:27.90 (39.91)	5:09.00 (41.10)		
	5:50.21 (41.21)	6:27.64 (37.43)				
13	Baysden, Emalee	JR	North Kitsap Vikings	6:39.47	6:33.32	q2A-D
	34.81	1:13.24 (38.43)	1:52.44 (39.20)	2:31.48 (39.04)		
	3:52.97 (1:21.49)		4:33.29 ()	5:14.70 (41.41)		
	5:55.24 (40.54)	6:33.32 (38.08)				
14	Banham, Lillian	SO	Fife High School	7:00.96	6:42.07	q
	33.51	1:11.59 (38.08)	1:52.75 (41.16)	2:33.95 (41.20)		
	3:15.94 (41.99)	3:57.31 (41.37)	4:40.57 (43.26)	5:22.57 (42.00)		
	6:02.94 (40.37)	6:42.07 (39.13)				
15	Fletcher, Abi M	SO	Bremerton High School-PN	6:50.21	6:46.36	q
	34.16	1:13.97 (39.81)	1:55.90 (41.93)	2:37.46 (41.56)		
	3:18.74 (41.28)	4:00.03 (41.29)	4:42.06 (42.03)	5:23.95 (41.89)		
	6:06.62 (42.67)	6:46.36 (39.74)				
16	Edmund, Ava	SR	Fife High School	6:53.54	6:53.22	q
	36.62	1:17.73 (41.11)	2:00.09 (42.36)	2:42.93 (42.84)		
	3:25.42 (42.49)	4:08.78 (43.36)	4:51.88 (43.10)	5:35.09 (43.21)		
	6:17.32 (42.23)	6:53.22 (35.90)				
17	Corn, Alison	SR	Klahowya Girls Swim-PN	6:47.31	6:53.39	
	33.81	1:12.03 (38.22)	1:52.37 (40.34)	2:34.71 (42.34)		
	3:18.87 (44.16)	4:02.19 (43.32)	4:45.66 (43.47)	5:29.26 (43.60)		
	6:12.80 (43.54)	6:53.39 (40.59)				

1A/2A WCD3 Girls Swim and Dive Championships - 11/7/2025 to 11/8/2025**Results - WCD3 Preliminaries****Preliminaries ... (Event 8 Girls 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
18 Garcia, Kora	FR	Fife High School	7:40.51	7:05.36
36.80	1:19.19 (42.39)	2:03.25 (44.06)	2:46.99 (43.74)	
3:30.38 (43.39)	4:13.76 (43.38)	4:57.94 (44.18)	5:42.41 (44.47)	
6:25.74 (43.33)	7:05.36 (39.62)			
19 Stumph, Charlotte	SR	Eatonville Cruisers	7:11.41	7:09.47
37.99	1:20.57 (42.58)	2:03.52 (42.95)	2:47.37 (43.85)	
3:31.81 (44.44)	4:16.15 (44.34)	5:00.25 (44.10)	5:44.19 (43.94)	
6:27.59 (43.40)	7:09.47 (41.88)			
20 Sol, Holland L	SR	Sequim High School-PN	7:14.39	7:12.01
35.46	1:15.89 (40.43)	1:58.21 (42.32)	2:43.89 (45.68)	
3:29.23 (45.34)	4:15.03 (45.80)	5:01.59 (46.56)	5:47.88 (46.29)	
6:32.61 (44.73)	7:12.01 (39.40)			
21 Beglyakov, Naomi	SR	Sequim High School-PN	7:18.10	7:18.51
37.53	1:20.48 (42.95)	2:05.09 (44.61)	2:49.73 (44.64)	
3:34.86 (45.13)	4:20.61 (45.75)	5:06.21 (45.60)	5:51.37 (45.16)	
6:35.81 (44.44)	7:18.51 (42.70)			
22 Watson, Quinn D	JR	Kingston Buccaneers	7:37.92	7:25.54
36.82	1:18.90 (42.08)	2:03.80 (44.90)	2:49.65 (45.85)	
3:35.96 (46.31)	4:22.34 (46.38)	5:08.39 (46.05)	5:54.61 (46.22)	
6:41.65 (47.04)	7:25.54 (43.89)			
23 Naska, Nikki L	SO	Kingston Buccaneers	7:44.03	8:01.12
40.18	1:26.11 (45.93)	2:14.90 (48.79)	3:04.97 (50.07)	
3:55.64 (50.67)	4:46.75 (51.11)	5:38.51 (51.76)	6:28.49 (49.98)	
7:17.25 (48.76)	8:01.12 (43.87)			
--- Lambert, Harmony	JR	Clover Park	7:43.91	DFS

Event 9 Girls 200 Yard Freestyle Relay**1:35.48 AAA AA Automatic****1:37.13 AAC AA Consideration****1:49.00 2A-S**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Bainbridge Swim and Dive	A	1:44.68	1:43.08 q2A-S
1) Rehder, Lily SO	2) Brown, Camden SO	3) Keigley, Audrey SO	4) DuPont, Rylee FR
26.21	52.29 (26.08)	1:18.13 (25.84)	1:43.08 (24.95)
2 North Kitsap Vikings	A	1:47.75	1:45.60 q2A-S
1) Hedstrom, Aubrey SR	2) Yates, Carly SR	3) Husmoe, Ashley SR	4) McLain, Shosho JR
27.17	53.94 (26.77)	1:20.01 (26.07)	1:45.60 (25.59)
3 Port Angeles High School	A	1:55.11	1:54.58 q
1) Tejada, Anaya FR	2) Shaw, Lizzy D SR	3) Francis, Mia J SO	4) Nelson, Amayah A JR
29.48	57.87 (28.39)	1:27.43 (29.56)	1:54.58 (27.15)
4 Bremerton High School-PN	A	1:58.43	1:55.98 q
1) Baptiste-Cerra, Chloe G SO	2) Taylor, Annabeth N FR	3) Harmon, Avari M SR	4) Bevers, Evvie JR
29.16	59.54 (30.38)	1:27.54 (28.00)	1:55.98 (28.44)
5 Steilacoom	A	1:54.37	1:58.62 q
1) Field, Ellie FR	2) England, Cova FR	3) Ray, Madison SO	4) Courtney, Kristin SO
26.41	57.06 (30.65)	1:29.20 (32.14)	1:58.62 (29.42)
6 Fife High School	A	2:04.68	1:59.05 q
1) Oh, Arah SO	2) Banham, Lillian SO	3) Garcia, Kora FR	4) Opanasevych, Sofia SR
29.75	1:00.17 (30.42)	1:30.61 (30.44)	1:59.05 (28.44)
7 Eatonville Cruisers	A	2:01.59	2:01.32 q
1) Forsman, Clara FR	2) Hays, Lily JR	3) Howard, Annika SR	4) Tomy, Nicole SR
31.73	1:04.17 (32.44)	1:33.88 (29.71)	2:01.32 (27.44)

1A/2A WCD3 Girls Swim and Dive Championships - 11/7/2025 to 11/8/2025**Results - WCD3 Preliminaries****Preliminaries ... (Event 9 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
8 Clover Park	A	2:07.19	2:04.14 q
1) De Vega, Mia JR	2) Yasharahla, Yaqaryah JR	3) Ayala, Nadia SO	4) Stephens, Lola SR
32.56	1:06.74 (34.18)	1:36.09 (29.35)	2:04.14 (28.05)
9 Olympic High School Girls	A	1:57.54	2:07.18 q
1) Davis, Anna FR	2) Handke, Kyli SR	3) Siyluy, Ava FR	4) Prange, Beth FR
37.35	1:03.58 (26.23)	1:37.10 (33.52)	2:07.18 (30.08)
10 East Jefferson	A	2:08.12	2:09.11 q
1) Bosley, Stella SO	2) Curtis, Eleanor FR	3) Mack, Zella SR	4) Ferland, Bella JR
30.21	1:05.33 (35.12)	1:39.78 (34.45)	2:09.11 (29.33)
11 Kingston Buccaneers	A	2:13.08	2:13.37 q
1) Watson, Quinn D JR	2) Terry, Elise SR	3) Terry, Stella SR	4) Spencer, Phoebe J SO
33.88	1:07.67 (33.79)	1:43.62 (35.95)	2:13.37 (29.75)
12 Klahowya Girls Swim-PN	A	2:47.89	2:29.21 q
1) DeCourval, Ruby FR	2) Tangen, Maddie SR	3) Potts, Marlee FR	4) Lasater, Megan FR
32.60	1:18.93 (46.33)	1:57.33 (38.40)	2:29.21 (31.88)
--- Sequim High School-PN	A	2:01.68	DQ
1) Ellefson, Annie SR	2) Beglyakov, Naomi SR	3) Sol, Holland L SR	4) Shinkle, Ava JR
28.46	1:01.49 (33.03)	1:33.58 (32.09)	DQ (25.72)

Event 10 Girls 100 Yard Backstroke

54.71 AAA AA Automatic

55.91 AAC AA Consideration

1:03.90 2A-S

1:14.30 2A-D

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Field, Ava		SR Steilacoom	58.41	57.10 q2A-S
27.83		57.10 (29.27)		
2 Michael, Aria		FR Bainbridge Swim and Dive	1:01.58	1:00.06 q2A-S
28.64		1:00.06 (31.42)		
3 Farmer, Yulia		JR Klahowya Girls Swim-PN	1:03.82	1:02.19 q2A-S
30.05		1:02.19 (32.14)		
4 Longridge, Olivia		JR Bainbridge Swim and Dive	1:04.20	1:02.39 q2A-S
30.10		1:02.39 (32.29)		
5 Hedstrom, Aubrey		SR North Kitsap Vikings	1:07.07	1:03.93 q2A-D
30.67		1:03.93 (33.26)		
6 Reid, Lynzee G		SR Port Angeles High School	1:09.87	1:06.27 q2A-D
31.51		1:06.27 (34.76)		
7 Jasperson, Lola		FR Bainbridge Swim and Dive	1:08.75	1:06.28 q2A-D
31.68		1:06.28 (34.60)		
8 Vogelpohl, Kaylee		SR Olympic High School Girls	1:07.65	1:06.86 q2A-D
32.41		1:06.86 (34.45)		
9 Ramey, Natalie		JR North Kitsap Vikings	1:07.91	1:08.31 q2A-D
32.46		1:08.31 (35.85)		
10 Schneider, Teagan		JR Bainbridge Swim and Dive	1:10.66	1:09.07 q2A-D
33.00		1:09.07 (36.07)		
11 McVey, Estella		SO North Kitsap Vikings	1:10.62	1:10.17 q2A-D
34.00		1:10.17 (36.17)		
12 Mason, Haeli		FR Steilacoom	1:13.43	1:11.78 q2A-D
34.13		1:11.78 (37.65)		
13 Davis, Anna		FR Olympic High School Girls	1:37.45	1:22.18 q
39.62		1:22.18 (42.56)		

1A/2A WCD3 Girls Swim and Dive Championships - 11/7/2025 to 11/8/2025**Results - WCD3 Preliminaries****Preliminaries ... (Event 10 Girls 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Prelim Time	
14	Belle, Lucia	FR	Clover Park	1:25.69	1:22.90	q
	41.31	1:22.90	(41.59)			
15	De Vega, Mia	JR	Clover Park	1:24.49	1:24.51	q
	39.86	1:24.51	(44.65)			
16	DeCourval, Ruby	FR	Klahowya Girls Swim-PN	1:25.04	1:24.53	q
	40.25	1:24.53	(44.28)			
17	Hays, Lily	JR	Eatonville Cruisers	1:20.58	1:27.42	
	41.02	1:27.42	(46.40)			
18	Basford, Hannah	SR	Steilacoom	1:33.54	1:28.49	
	42.01	1:28.49	(46.48)			
19	Grimes-Swart, Taylor E	SR	Kingston Buccaneers	1:33.68	1:29.61	
	40.00	1:29.61	(49.61)			
20	Hahn, Lara	JR	Foss High School-PN	1:29.41	1:31.08	
	43.77	1:31.08	(47.31)			
21	Crow, Leah	SO	Steilacoom	1:45.42	1:41.23	
22	Turner, Rasa	SR	Kingston Buccaneers	1:44.66	1:41.43	
	46.93	1:41.43	(54.50)			
---	Palfenier, Amelia	FR	Eatonville Cruisers	1:35.51		DQ

Event 11 Girls 100 Yard Breaststroke**1:02.52 AAA AA Automatic****1:03.75 AAC AA Consideration****1:13.50 2A-S****1:25.60 2A-D**

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Field, Ellie	FR	Steilacoom	1:10.84	1:09.66	q2A-S
	33.27	1:09.66	(36.39)			
2	Everett, Lena	JR	Bainbridge Swim and Dive	1:13.33	1:12.93	q2A-S
	34.78	1:12.93	(38.15)			
3	Ellefson, Annie	SR	Sequim High School-PN	1:15.14	1:15.31	q2A-D
	35.27	1:15.31	(40.04)			
4	Yates, Carly	SR	North Kitsap Vikings	1:14.90	1:15.32	q2A-D
	34.50	1:15.32	(40.82)			
5	Everett, Margaret	JR	Bainbridge Swim and Dive	1:18.28	1:17.20	q2A-D
	37.32	1:17.20	(39.88)			
6	Howard, Annika	SR	Eatonville Cruisers	1:24.40	1:19.83	q2A-D
	38.04	1:19.83	(41.79)			
7	Francis, Mia J	SO	Port Angeles High School	1:22.16	1:20.00	q2A-D
	36.99	1:20.00	(43.01)			
8	Lemieux, Sofia	JR	Bainbridge Swim and Dive	1:23.24	1:20.28	q2A-D
	37.52	1:20.28	(42.76)			
9	Cole, Kaela	JR	Bainbridge Swim and Dive	1:24.67	1:20.42	q2A-D
	37.26	1:20.42	(43.16)			
10	Baptiste-Cerra, Chloe G	SO	Bremerton High School-PN	1:22.44	1:20.91	q2A-D
	38.82	1:20.91	(42.09)			
11	Spencer, Phoebe J	SO	Kingston Buccaneers	1:22.34	1:22.17	q2A-D
	39.72	1:22.17	(42.45)			
12	Karjalainen, Ellie	FR	Port Angeles High School	1:20.74	1:22.35	q2A-D
	37.92	1:22.35	(44.43)			
13	Bosley, Stella	SO	East Jefferson	1:25.37	1:24.23	q2A-D
	38.00	1:24.23	(46.23)			

1A/2A WCD3 Girls Swim and Dive Championships - 11/7/2025 to 11/8/2025**Results - WCD3 Preliminaries****Preliminaries ... (Event 11 Girls 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Prelim Time	
14 Ayala, Nadia	SO	Clover Park	1:26.18	1:24.28	q2A-D
40.05		1:24.28 (44.23)			
15 Tracy, Laura	JR	Olympic High School Girls	1:24.97	1:25.52	q2A-D
40.50		1:25.52 (45.02)			
16 Lee, Leila	FR	Steilacoom	1:29.69	1:28.71	q
40.99		1:28.71 (47.72)			
17 Oh, Arah	SO	Fife High School	1:33.47	1:31.30	
43.65		1:31.30 (47.65)			
18 King, Grace	FR	Eatonville Cruisers	1:33.76	1:33.52	
45.03		1:33.52 (48.49)			
19 Phillips, Violet	SR	Sequim High School-PN	1:35.09	1:35.49	
44.04		1:35.49 (51.45)			
20 Morrish, Jane	SO	Eatonville Cruisers	1:35.85	1:36.78	
46.52		1:36.78 (50.26)			
21 Forsman, Clara	FR	Eatonville Cruisers	1:38.16	1:37.84	
46.10		1:37.84 (51.74)			
22 Miller, Zoe L	JR	Kingston Buccaneers	1:41.81	1:39.36	
46.69		1:39.36 (52.67)			
23 Heady, Maribelle	JR	Fife High School	1:42.96	1:40.63	
45.16		1:40.63 (55.47)			

Event 12 Girls 400 Yard Freestyle Relay**3:27.78 AAA AA Automatic****3:31.16 AAC AA Consideration****4:02.00 2A-S**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Bainbridge Swim and Dive	A	3:49.20	3:49.42 q2A-S
1) Rehder, Lily SO	2) Brown, Camden SO	3) Keigley, Audrey SO	4) Michael, Aria FR
27.37	57.34 (57.34)	1:25.04 (27.70)	1:56.23 (58.89)
2:23.63 (27.40)	2:53.77 (57.54)	3:19.90 (26.13)	3:49.42 (55.65)
2 North Kitsap Vikings	A	3:56.52	4:03.25 q
1) Bang-Knudsen, Hanne FR	2) Husmoe, Ashley SR	3) Ramey, Natalie JR	4) McVey, Estella SO
28.59	59.65 (59.65)	1:18.40 (18.75)	1:58.33 (58.68)
2:27.12 (28.79)	2:59.27 (1:00.94)	3:29.65 (30.38)	4:03.25 (1:03.98)
3 Olympic High School Girls	A	4:04.36	4:06.02 q
1) Swetland, Brooklynn FR	2) Bischoff, Elsa SR	3) Tracy, Laura JR	4) Vogelwohl, Kaylee SR
27.95	58.37 (58.37)	1:26.60 (28.23)	1:59.55 (1:01.18)
	3:06.48 (1:06.93)	3:35.09 (28.61)	4:06.02 (59.54)
4 Port Angeles High School	A	4:17.73	4:08.10 q
1) Tejada, Anaya FR	2) Shaw, Lizzy D SR	3) Nelson, Amayah A JR	4) Reid, Lynzee G SR
31.31	1:04.02 (1:04.02)	1:33.97 (29.95)	2:08.48 (1:04.46)
2:36.92 (28.44)	3:08.10 (59.62)	3:36.21 (28.11)	4:08.10 (1:00.00)
5 Steilacoom	A	4:21.06	4:17.19 q
1) Field, Ava SR	2) Courtney, Kristin SO	3) Mason, Haeli FR	4) Wetzler, Haileigh FR
25.94	53.94 (53.94)	1:26.48 (32.54)	2:04.00 (1:10.06)
2:35.62 (31.62)	3:11.44 (1:07.44)	3:42.43 (30.99)	4:17.19 (1:05.75)
6 Fife High School	A	4:37.72	4:23.39 q
1) Bershatsky, Kat SR	2) Oh, Arah SO	3) Banham, Lillian SO	4) Opanasevych, Sofia SR
31.16	1:05.51 (1:05.51)	1:37.64 (32.13)	2:13.04 (1:07.53)
2:44.87 (31.83)	3:20.55 (1:07.51)	3:50.43 (29.88)	4:23.39 (1:02.84)

1A/2A WCD3 Girls Swim and Dive Championships - 11/7/2025 to 11/8/2025**Results - WCD3 Preliminaries****Preliminaries ... (Event 12 Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
7 Eatonville Cruisers	A	4:38.17	4:32.33 q
1) Hays, Lily JR	2) Stumph, Charlotte SR	3) Tomin, Nicole SR	4) Howard, Annika SR
34.05 1:12.41 (1:12.41)	1:47.13 (34.72)	2:25.05 (1:12.64)	
2:54.56 (29.51)	3:27.06 (1:02.01)	3:58.39 (31.33)	4:32.33 (1:05.27)
8 Klahowya Girls Swim-PN	A	5:16.73	4:40.74 q
1) Corn, Alison SR	2) DeCourval, Ruby FR	3) Lasater, Megan FR	4) Farmer, Yulia JR
31.26 1:06.74 (1:06.74)	1:42.09 (35.35)	2:20.02 (1:13.28)	
2:59.39 (39.37)	3:40.17 (1:20.15)	4:08.33 (28.16)	4:40.74 (1:00.57)
9 Kingston Buccaneers	A	5:11.20	4:49.40 q
1) Spencer, Phoebe J SO	2) Watson, Quinn D JR	3) Miller, Zoe L JR	4) Gillanders, Emmerson SO
34.56 1:11.99 (1:11.99)	1:48.25 (36.26)	2:28.02 (1:16.03)	
3:04.93 (36.91)	3:52.53 (1:24.51)	4:15.72 (23.19)	4:49.40 (56.87)
10 East Jefferson	A	5:03.20	4:50.12 q
1) Ferland, Bella JR	2) Lynch, Frances JR	3) Mack, Zella SR	4) Bosley, Stella SO
31.35 1:06.49 (1:06.49)	1:41.63 (35.14)	2:22.37 (1:15.88)	
2:59.45 (37.08)	3:41.12 (1:18.75)	4:13.05 (31.93)	4:50.12 (1:09.00)
11 Sequim High School-PN	A	5:00.65	5:10.61 q
1) Rhodes, Emma M SO	2) Sol, Ashlyn I SO	3) Bower, Madelyn M FR	4) Phillips, Violet SR
36.42 1:16.28 (1:16.28)	1:54.37 (38.09)	2:43.58 (1:27.30)	
3:12.27 (28.69)	3:51.74 (1:08.16)	4:28.46 (36.72)	5:10.61 (1:18.87)
12 Clover Park	A	5:00.93	5:23.82 q
1) Bobo, Tyona SR	2) Sebastian, Rosi FR	3) Belle, Lucia FR	4) Lambert, Harmony JR
37.57 1:22.08 (1:22.08)	2:04.12 (42.04)	2:57.90 (1:35.82)	
3:28.91 (31.01)	4:09.85 (1:11.95)	4:44.75 (34.90)	5:23.82 (1:13.97)
13 Bremerton High School-PN	A	5:36.01	5:27.97 q
1) Crawl, CC R JR	2) Dickerson, Danica D FR	3) Anderson, Jasmine R FR	4) Fletcher, Abi M SO
38.20 1:20.55 (1:20.55)	2:06.98 (46.43)	2:57.56 (1:37.01)	
3:36.31 (38.75)	4:28.78 (1:31.22)	4:51.86 (23.08)	5:27.97 (59.19)