

## 2025 WCD3 3A District Championships - 10/31/2025 to 11/1/2025

## Results

## Event 1 Girls 200 Yard Medley Relay

1:44.15 AAA  
 1:46.22 AAC  
 1:53.50 3A-S 3A State  
 2:33.70 3A-D 3A Districts

Team	Relay	Finals Time	
<b>A - Final</b>			
1 GHHS-PN	A	1:55.21	3A-D
1) LaTendresse, Kaitlyn E SR	2) Bevans, Hanna G FR		
3) Yestifieieva, Snegana FR	4) Nelson, Jenna SR		
2 ENUM-PN	A	2:03.27	3A-D
1) Sawyer, Addisyn SR	2) Roddy, Audrie JR		
3) Levesh, Alexandra SR	4) Michael, Molly SR		
3 WRHS-PN	A	2:05.11	3A-D
1) Bergin, Grace SO	2) Weisheyer, Haley SR		
3) Hines, Emma SO	4) Wall, Peyton FR		
4 PEN-PN	A	2:05.70	3A-D
1) Lassen, Ellen J SR	2) Gullum, Jewel JR		
3) Evers, Sophia N FR	4) Gardner, Sydney E SO		
5 TJ-PN	A	2:06.11	3A-D
1) Ng, Ang SR	2) Burt, Molly JR		
3) Policarpio, Fiona JR	4) Poblete, Izabella FR		
--- DSHS-PN	A	DQ	
1) To, Jennifer JR	2) Rider, Izzy JR		
3) Aiken, Annabelle JR	4) Hendrickson, Linnea SR		
<b>B - Final</b>			
7 CKHS-PN	A	2:11.14	3A-D
1) Doherty, Marina JR	2) Sandoval, Ailianna JR		
3) Murray, Saydie SO	4) Baskins, Breana SR		
8 DECA	A	2:19.18	3A-D
1) Willhite, Ella FR	2) Caesar, Jamisen JR		
3) Thomas, Arsema JR	4) Walling, Ashly SR		
9 LINC-PN	A	2:21.67	3A-D
1) Chinn, Gia SR	2) Rivera, Alicia SR		
3) Higdon, Angelique SR	4) Brown, Natalie FR		
10 TBHS-PN	A	2:22.39	3A-D
1) Shmorgun, Anastasia SO	2) Tandio, Jasmine JR		
3) Nguyen, Audrianna FR	4) Liu, Erin JR		
--- THS	A	DQ	
1) Scanlan, Sienna SR	2) McGregor, Aniela SR		
3) Anelli, Silvia JR	4) Ganey, Brenna SO		

## Event 1 Girls 200 Yard Medley Relay

1:44.15 AAA  
 1:46.22 AAC  
 1:53.50 3A-S 3A State  
 2:33.70 3A-D 3A Districts

Team	Relay	Prelim Time	
<b>Preliminaries</b>			
1 DSHS-PN	A	1:57.64	q3A-D
1) To, Jennifer JR	2) Rider, Izzy JR		
3) Aiken, Annabelle JR	4) Hendrickson, Linnea SR		
		30.17 30.84 29.94 26.69	
2 GHHS-PN	A	2:01.69	q3A-D
1) Jackman, Jane E FR	2) Bevans, Hanna G FR		
3) Yestifieieva, Snegana FR	4) Hurley, Ava J SR		
		32.19 34.21 28.20 27.09	

3 ENUM-PN	A	2:04.72	q3A-D
1) Sawyer, Addisyn SR	2) Roddy, Audrie JR		
3) Levesh, Alexandra SR	4) Michael, Molly SR		
		32.52 34.87 27.29 30.04	
4 TJ-PN	A	2:06.12	q3A-D
1) Ng, Ang SR	2) Burt, Molly JR		
3) Policarpio, Fiona JR	4) Poblete, Izabella FR		
		30.88 36.00 29.56 29.68	
5 PEN-PN	A	2:06.69	q3A-D
1) Lassen, Ellen J SR	2) Gullum, Jewel JR		
3) Evers, Sophia N FR	4) Gardner, Sydney E SO		
		33.78 36.49 27.95 28.47	
6 WRHS-PN	A	2:07.93	q3A-D
1) Bergin, Grace SO	2) Weisheyer, Haley SR		
3) Hines, Emma SO	4) Wall, Peyton FR		
		34.10 34.15 30.23 29.45	
7 CKHS-PN	A	2:10.58	q3A-D
1) Doherty, Marina JR	2) Sandoval, Ailianna JR		
3) Murray, Saydie SO	4) Baskins, Breana SR		
		34.47 37.44 29.65 29.02	
8 THS	A	2:14.88	q3A-D
1) Scanlan, Sienna SR	2) McGregor, Aniela SR		
3) Anelli, Silvia JR	4) Ganey, Brenna SO		
		31.68 39.77 33.24 30.19	
9 DECA	A	2:22.44	q3A-D
1) Willhite, Ella FR	2) Caesar, Jamisen JR		
3) Thomas, Arsema JR	4) Walling, Ashly SR		
		37.86 40.56 36.12 27.90	
10 LINC-PN	A	2:22.77	q3A-D
1) Chinn, Gia SR	2) Rivera, Alicia SR		
3) Higdon, Angelique SR	4) Brown, Natalie FR		
		31.79 42.32 36.79 31.87	
11 TBHS-PN	A	2:22.96	q3A-D
1) Shmorgun, Anastasia SO	2) Tandio, Jasmine JR		
3) Nguyen, Audrianna FR	4) Liu, Erin JR		
		41.03 41.32 28.71 31.90	
12 RRHS	A	2:28.02	q3A-D
1) Ponce, Rosalie SO	2) Burningham, Peyton SO		
3) Hanna, Mya SR	4) Kernutt, Audrey SR		
		38.43 1:22.28 27.48	
13 AMHS	A	2:38.40	
1) DeCremer, Aubrey SR	2) Guanga-Myers, Dahlia JR		
3) Dotsenko, Elisabeth SO	4) Braatz, Anna JR		
		42.24 50.73 35.79 29.64	
--- FWHS	A	DQ	
1) Egaas, Zoey SO	2) Jolley, Samantha SR		
3) Secoolish, Ayla SO	4) Nguyen, Jazlyn JR		
		39.11 34.63 33.72 30.98	
--- KLFPG-PN	A	DQ	
1) Jackson, AJ FR	2) Rowland, Lily SR		
3) Beede, Aleise JR	4) Shadwick, Ashley SO		
		35.59 44.38 30.23 27.32	
--- LAKES-PN	A	DQ	
1) Greene, Leah JR	2) Audas, Camille JR		
3) Kuper, Sadie SO	4) Knight, Allegra FR		
		55.56 1:02.70 33.24 34.59	

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## Preliminaries ... (Event 1 Girls 200 Yard Medley Relay)

Team	Relay	Prelim Time
--- CAP-PN	A	DQ
1) Magnuson, Violet SR	2) Grippo, Gabi SR	
3) Nielsen, Tessa SO	4) Mead, Aria SR	
28.43 39.61	33.61 30.22	
--- NTHS	A	DQ
1) Kresha, Luna SO	2) Ewig, Michelle JR	
3) Losee, Keira SR	4) Cardwell, Kai SO	
36.24 38.02	29.67 29.69	

## Event 2 Girls 200 Yard Freestyle

1:48.81 AAA  
 1:50.65 AAC  
 1:57.80 3A-S 3A State  
 2:23.10 3A-D 3A Districts

Name	YrSchool	Finals Time
<b>A - Final</b>		
1 LaTendresse, Kaitlyn E	SR GHHS-PN	1:55.33 3A-S
26.67 29.07	29.88 29.71	
2 Dahlin, Eva	JR GHHS-PN	2:01.10 3A-D
27.45 29.64	31.68 32.33	
3 Yost, Hannah	SO DSHS-PN	2:04.83 3A-D
28.78 31.93	32.47 31.65	
4 Miller, Reese	SO PEN-PN	2:05.93 3A-D
28.53 31.34	32.98 33.08	
5 Lambiotte, Kayla	JR THS	2:07.97 3A-D
29.40 31.96	33.00 33.61	
6 Hurley, Ava J	SR GHHS-PN	2:08.57 3A-D
30.06 32.42	33.38 32.71	
<b>B - Final</b>		
7 Chitty, Adeline	JR AMHS	2:05.44 3A-D
28.59 32.16	32.53 32.16	
8 Roddy, Audrie	JR ENUM-PN	2:07.40 3A-D
29.64 31.95	32.85 32.96	
9 Garrels, Ryan	SR PEN-PN	2:13.05 3A-D
31.15 33.67	34.61 33.62	
10 Hines, Emma	SO WRHS-PN	2:13.12 3A-D
31.37 34.84	34.58 32.33	
11 Ensminger, Alex	JR GHHS-PN	2:13.54 3A-D
30.63 34.20	34.62 34.09	
12 Gardner, Sydney E	SO PEN-PN	2:13.83 3A-D
31.46 33.84	33.96 34.57	

## Event 2 Girls 200 Yard Freestyle

1:48.81 AAA  
 1:50.65 AAC  
 1:57.80 3A-S 3A State  
 2:23.10 3A-D 3A Districts

Name	YrSchool	Prelim Time
<b>Preliminaries</b>		
1 LaTendresse, Kaitlyn E	SR GHHS-PN	2:00.18 q3A-D
28.15 30.23	31.51 30.29	
2 Dahlin, Eva	JR GHHS-PN	2:01.31 q3A-D
28.33 30.12	31.29 31.57	
3 Yost, Hannah	SO DSHS-PN	2:06.11 q3A-D
28.84 32.06	33.52 31.69	

4 Miller, Reese	SO PEN-PN	2:06.44 q3A-D
29.05 32.05	33.03 32.31	
5 Lambiotte, Kayla	JR THS	2:07.11 q3A-D
28.84 31.17	32.91 34.19	
6 Hurley, Ava J	SR GHHS-PN	2:07.45 q3A-D
29.72 32.33	33.24 32.16	
7 Chitty, Adeline	JR AMHS	2:10.42 q3A-D
28.35 32.06	35.14 34.87	
8 Roddy, Audrie	JR ENUM-PN	2:11.63 q3A-D
30.71 32.96	33.92 34.04	
9 Garrels, Ryan	SR PEN-PN	2:12.72 q3A-D
30.64 33.71	34.56 33.81	
10 Ensminger, Alex	JR GHHS-PN	2:14.50 q3A-D
30.42 1:09.82	34.93	
11 Hines, Emma	SO WRHS-PN	2:14.72 q3A-D
30.55 34.72	35.10 34.35	
12 Gardner, Sydney E	SO PEN-PN	2:15.52 q3A-D
30.50 33.06	35.25 36.71	
13 Griffin, Lana	FR CKHS-PN	2:19.47 3A-D
32.20 35.56	36.07 35.64	
14 Secoolish, Ayla	SO FWHS	2:20.43 3A-D
31.88 1:11.28	38.20	
15 Menge, Juliana	SO DSHS-PN	2:23.74
32.66 36.54	37.43 37.11	
16 Ganey, Brenna	SO THS	2:29.24
32.17 36.69	40.29 40.09	
17 Young, Samia	JR AMHS	2:32.22
32.91 38.74	40.54 40.03	
18 Knight, Addy	SR KLFPG-PN	2:35.97
36.16 39.25	41.80 38.76	
19 Shoemaker, Ellie	SR CKHS-PN	2:36.14
36.12 39.14	42.22 38.66	
20 Olson, Masha	JR CAP-PN	2:36.51
35.26 39.66	42.04 39.55	
21 Booth, June	JR NTHS	2:41.38
35.94 41.02	42.10 42.32	
22 DeCremer, Aubrey	SR AMHS	2:43.51
35.60 40.41	43.20 44.30	
23 Duran, Fatima	SR DECA	2:49.97
34.25 2:22.73		
--- Ballard, Boe C	FR PEN-PN	DQ
28.17 32.67	34.07 31.90	

## Event 3 Girls 200 Yard IM

2:01.47 AAA  
 2:03.99 AAC  
 2:12.00 3A-S 3A State  
 2:43.60 3A-D 3A Districts

Name	YrSchool	Finals Time
<b>A - Final</b>		
1 Rider, Izzy	JR DSHS-PN	2:11.15 3A-S
2 LaTendresse, Audrey E	SO GHHS-PN	2:22.74 3A-D
3 Policarpio, Fiona	JR TJ-PN	2:25.46 3A-D
4 Yestifieieva, Snegana	FR GHHS-PN	2:32.54 3A-D
5 Kuper, Sadie	SO LAKES-PN	2:32.74 3A-D
6 Scanlan, Sienna	SR THS	2:36.75 3A-D

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**B - Final ... (Event 3 Girls 200 Yard IM)**

Name	YrSchool	Finals Time		
<b>B - Final</b>				
7 Johnston, Kaitlyn	SO GHHS-PN	2:34.14	3A-D	
8 Mossberg, Meadow B	SO PEN-PN	2:40.13	3A-D	
9 Lassen, Ellen J	SR PEN-PN	2:42.90	3A-D	
10 Bergin, Grace	SO WRHS-PN	2:44.79	3	
11 Baez-Tovalin, Paola	SO DSHS-PN	2:46.04	2	
12 Wilson, Samara	SO GHHS-PN	2:46.54	1	

**Event 3 Girls 200 Yard IM**

2:01.47 AAA  
 2:03.99 AAC  
 2:12.00 3A-S 3A State  
 2:43.60 3A-D 3A Districts

Name	YrSchool	Prelim Time		
<b>Preliminaries</b>				
1 Rider, Izzy	JR DSHS-PN	2:12.85	q3A-D	
2 LaTendresse, Audrey E	SO GHHS-PN	2:23.87	q3A-D	
		31.52 37.62 42.37 32.36		
3 Policarpio, Fiona	JR TJ-PN	2:25.25	q3A-D	
		29.96 38.19 42.88 34.22		
4 Yestifieieva, Snegana	FR GHHS-PN	2:30.14	q3A-D	
5 Scanlan, Sienna	SR THS	2:35.04	q3A-D	
6 Kuper, Sadie	SO LAKES-PN	2:36.28	q3A-D	
		31.05 38.42 50.25 36.56		
7 Johnston, Kaitlyn	SO GHHS-PN	2:36.76	q3A-D	
		36.39 40.11 45.61 34.65		
8 Mossberg, Meadow B	SO PEN-PN	2:42.05	q3A-D	
		34.64 39.75 51.64 36.02		
9 Lassen, Ellen J	SR PEN-PN	2:44.03	q	
		36.91 38.55 51.54 37.03		
10 Wilson, Samara	SO GHHS-PN	2:44.31	q	
11 Baez-Tovalin, Paola	SO DSHS-PN	2:48.23	q	
12 Bergin, Grace	SO WRHS-PN	2:48.77	q	
		34.55 41.78 54.54 37.90		
13 Doherty, Marina	JR CKHS-PN	2:51.91		
		36.05 41.36 53.58 40.92		
14 Brockmeyer, Francesca	JR CKHS-PN	2:57.21		
		38.96 46.25 53.37 38.63		
15 Du, Tracy	SR TJ-PN	3:08.74		
		40.69 48.38 55.62 44.05		
16 Remigio, Chelsee-anne	SR NTHS	3:09.69		
---			DQ	
Anelli, Silvia	JR THS			
		34.89 42.32 50.67		
---			DQ	
Kwiatkowski, Cora	SO AMHS			
		38.34 44.93 54.18 38.79		

**Event 4 Girls 50 Yard Freestyle**

23.06 AAA  
 23.48 AAC  
 24.50 3A-S 3A State  
 29.00 3A-D 3A Districts

Name	YrSchool	Finals Time		
<b>A - Final</b>				
1 Gjertson, Lee	JR PEN-PN	24.85	3A-D	
2 Weisheyer, Haley	SR WRHS-PN	25.57	3A-D	

3 Evers, Sophia N	FR PEN-PN	26.12	3A-D	
4 Hendrickson, Linnea	SR DSHS-PN	26.53	3A-D	
5 Bevans, Hanna G	FR GHHS-PN	26.54	3A-D	
6 Nau, Layla	SO THS	26.82	3A-D	

**B - Final**

7 Ng, Ang	SR TJ-PN	27.27	3A-D	
8 Shadwick, Ashley	SO KLFG-PN	27.54	3A-D	
9 Aiken, Annabelle	JR DSHS-PN	27.56	3A-D	
10 Isaacks, Rika	SO AMHS	27.57	3A-D	
11 Templin, Grace	SO DSHS-PN	27.63	3A-D	
12 Walling, Ashly	SR DECA	27.82	3A-D	

**Event 4 Girls 50 Yard Freestyle**

23.06 AAA  
 23.48 AAC  
 24.50 3A-S 3A State  
 29.00 3A-D 3A Districts

Name	YrSchool	Prelim Time		
<b>Preliminaries</b>				
1 Gjertson, Lee	JR PEN-PN	24.91	q3A-D	
2 Weisheyer, Haley	SR WRHS-PN	25.67	q3A-D	
3 Bevans, Hanna G	FR GHHS-PN	26.49	q3A-D	
4 Evers, Sophia N	FR PEN-PN	26.67	q3A-D	
5 Nau, Layla	SO THS	26.76	q3A-D	
6 Hendrickson, Linnea	SR DSHS-PN	27.08	q3A-D	
7 Ng, Ang	SR TJ-PN	27.22	q3A-D	
8 Templin, Grace	SO DSHS-PN	27.29	q3A-D	
9 Shadwick, Ashley	SO KLFG-PN	27.75	q3A-D	
10 Walling, Ashly	SR DECA	27.87	q3A-D	
*11 Isaacks, Rika	SO AMHS	27.89	q3A-D	
*11 Aiken, Annabelle	JR DSHS-PN	27.89	q3A-D	
13 Ewig, Michelle	JR NTHS	27.92	3A-D	
14 Kernutt, Audrey	SR RRHS	27.97	3A-D	
*15 Chinn, Gia	SR LINC-PN	28.62	3A-D	
*15 Hebard, Laura	SR CKHS-PN	28.62	3A-D	
17 Jolley, Samantha	SR FWHS	28.67	3A-D	
18 Rivera, Alicia	SR LINC-PN	28.69	3A-D	
19 Shearer, Annika	FR GHHS-PN	28.73	3A-D	
20 Isaacks, Nayu	SR AMHS	29.17		
21 Rowland, Lily	SR KLFG-PN	29.36		
22 Michael, Molly	SR ENUM-PN	29.60		
23 Elliott, Lauren	SR GHHS-PN	29.93		

**Event 5 Girls 1 mtr Diving**

Name	YrSchool	Finals Score		
<b>Finals</b>				
1 Jackman, Jane E	FR GHHS-PN	358.45	16	
2 Joose, Annabelle	FR DSHS-PN	356.85	13	
3 Johnson, Amaya	SR DECA	309.00	12	
4 McMurdie, Emy	JR CAP-PN	292.35	11	
5 Simmons, Amaya	SR DECA	252.75	10	
6 Audas, Camille	JR LAKES-PN	219.00	9	
7 Hurt, Addie R	FR PEN-PN	202.65	7	
8 Noeson, Ava	SO AMHS	201.90	5	
9 Boyko, Suzanna	JR AMHS	165.35	4	
---			DNF	
Tang, Amanda	JR CAP-PN			

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Results

Event 5 Girls 1 mtr Diving

Name	YrSchool	Prelim Score
<b>Preliminaries</b>		
1 Jackman, Jane E	FR GHHS-PN	262.20 q
2 Joose, Annabelle	FR DSHS-PN	253.15 q
3 Johnson, Amaya	SR DECA	230.10 q
4 McMurdie, Emy	JR CAP-PN	214.80 q
5 Simmons, Amaya	SR DECA	186.15 q
6 Audas, Camille	JR LAKES-PN	159.60 q
7 Noeson, Ava	SO AMHS	147.70 q
8 Boyko, Suzanna	JR AMHS	141.85 q
9 Hurt, Addie R	FR PEN-PN	133.90 q
10 Tang, Amanda	JR CAP-PN	106.35 q
--- Arias, Isabella	FR LAKES-PN	DNF

Event 6 Girls 100 Yard Butterfly

54.29 AAA  
 55.44 AAC  
 58.80 3A-S 3A State  
 1:14.00 3A-D 3A Districts

Name	YrSchool	Finals Time
<b>A - Final</b>		
1 Levesh, Alexandra	SR ENUM-PN	1:01.72 3A-D
28.35 33.37		
2 Nguyen, Audrianna	FR TBHS-PN	1:02.13 3A-D
28.62 33.51		
3 Evers, Sophia N	FR PEN-PN	1:02.68 3A-D
28.98 33.70		
4 Policarpio, Fiona	JR TJ-PN	1:03.42 3A-D
30.34 33.08		
5 Yestifieieva, Snegana	FR GHHS-PN	1:03.54 3A-D
28.71 34.83		
6 Chitty, Adeline	JR AMHS	1:05.82 3A-D
29.72 36.10		
<b>B - Final</b>		
7 Losee, Keira	SR NTHS	1:06.20 3A-D
29.95 36.25		
8 To, Jennifer	JR DSHS-PN	1:06.84 3A-D
30.51 36.33		
9 Hines, Emma	SO WRHS-PN	1:06.90 3A-D
30.73 36.17		
10 Scanlan, Sienna	SR THS	1:08.15 3A-D
32.10 36.05		
11 Kuper, Sadie	SO LAKES-PN	1:09.03 3A-D
31.21 37.82		
12 Aiken, Annabelle	JR DSHS-PN	1:10.56 3A-D
32.57 37.99		

Event 6 Girls 100 Yard Butterfly

50.13 AAA  
 50.99 AAC  
 54.20 3A-S 3A State  
 1:04.80 3A-D 3A Districts

Name	YrSchool	Prelim Time
<b>Preliminaries</b>		
1 Levesh, Alexandra	SR ENUM-PN	1:01.25 q3A-D
28.32 32.93		

2 Yestifieieva, Snegana	FR GHHS-PN	1:02.56 q3A-D
28.75 33.81		
3 Nguyen, Audrianna	FR TBHS-PN	1:02.68 q3A-D
29.22 33.46		
4 Policarpio, Fiona	JR TJ-PN	1:03.78 q3A-D
30.03 33.75		
5 Evers, Sophia N	FR PEN-PN	1:03.83 q3A-D
29.82 34.01		
6 Chitty, Adeline	JR AMHS	1:05.14 q3A-D
30.08 35.06		
7 Losee, Keira	SR NTHS	1:07.20 q3A-D
30.49 36.71		
8 Scanlan, Sienna	SR THS	1:08.02 q3A-D
31.85 36.17		
9 To, Jennifer	JR DSHS-PN	1:08.65 q3A-D
30.45 38.20		
10 Hines, Emma	SO WRHS-PN	1:08.81 q3A-D
32.28 36.53		
11 Kuper, Sadie	SO LAKES-PN	1:09.42 q3A-D
31.30 38.12		
12 Aiken, Annabelle	JR DSHS-PN	1:11.90 q3A-D
32.40 39.50		
13 Baskins, Breana	SR CKHS-PN	1:17.51
35.17 42.34		
14 Brown, Natalie	FR LINC-PN	1:18.34
35.62 42.72		
15 Munoz, Juliana R	SO PEN-PN	1:20.92
35.26 45.66		
16 Elliott, Lauren	SR GHHS-PN	1:21.15
37.19 43.96		
17 Burt, Molly	JR TJ-PN	1:22.99
35.60 47.39		
18 Brockmeyer, Francesca	JR CKHS-PN	1:24.84
39.34 45.50		
19 Crosby, Naomi	SO GHHS-PN	1:24.85
40.39 44.46		
20 Willhite, Ella	FR DECA	1:25.16
37.78 47.38		
21 Dotsenko, Elisabeth	SO AMHS	1:26.12
38.79 47.33		
22 Payne, Johanna	SO GHHS-PN	1:27.02
39.00 48.02		
23 Bolger, Rylie	SO DECA	1:32.47
43.02 49.45		
24 Clark, Madelyn	JR AMHS	1:47.75
44.30 1:03.45		

Event 7 Girls 100 Yard Freestyle

Name	YrSchool	Finals Time
<b>A - Final</b>		
1 Gjertson, Lee	JR PEN-PN	54.36 3A-D
26.40 27.96		

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**A - Final ... (Event 7 Girls 100 Yard Freestyle)**

Name	YrSchool	Finals Time
2 Nelson, Jenna	SR GHHS-PN	55.75 3A-D
27.03 28.72		
3 Ballard, Boe C	FR PEN-PN	55.95 3A-D
26.58 29.37		
4 Dahlin, Eva	JR GHHS-PN	56.12 3A-D
27.29 28.83		
5 Weisheyer, Haley	SR WRHS-PN	56.68 3A-D
26.70 29.98		
6 Hendrickson, Linnea	SR DSHS-PN	58.42 3A-D
27.69 30.73		

**B - Final**

7 Nau, Layla	SO THS	1:00.14 3A-D
28.04 32.10		
8 Templin, Grace	SO DSHS-PN	1:01.74 3A-D
29.83 31.91		
9 Moun, Abigail	SO DSHS-PN	1:01.88 3A-D
29.70 32.18		
10 Griffin, Lana	FR CKHS-PN	1:02.28 3A-D
30.37 31.91		
11 Isaacks, Rika	SO AMHS	1:02.72 3A-D
29.55 33.17		
12 Gullum, Jewel	JR PEN-PN	1:03.28 3A-D
30.41 32.87		

**Event 7 Girls 100 Yard Freestyle**

50.13 AAA  
50.99 AAC  
54.20 3A-S 3A State  
1:04.80 3A-D 3A Districts

Name	YrSchool	Prelim Time
<b>Preliminaries</b>		
1 Gjertson, Lee	JR PEN-PN	55.16 q3A-D
26.76 28.40		
2 Nelson, Jenna	SR GHHS-PN	56.02 q3A-D
26.81 29.21		
3 Weisheyer, Haley	SR WRHS-PN	56.47 q3A-D
26.37 30.10		
4 Dahlin, Eva	JR GHHS-PN	56.91 q3A-D
27.75 29.16		
5 Ballard, Boe C	FR PEN-PN	57.52 q3A-D
27.10 30.42		
6 Hendrickson, Linnea	SR DSHS-PN	59.13 q3A-D
28.12 31.01		
7 Nau, Layla	SO THS	59.62 q3A-D
27.73 31.89		
8 Templin, Grace	SO DSHS-PN	1:00.91 q3A-D
28.82 32.09		
9 Moun, Abigail	SO DSHS-PN	1:01.50 q3A-D
29.14 32.36		
10 Griffin, Lana	FR CKHS-PN	1:02.31 q3A-D
30.50 31.81		
11 Isaacks, Rika	SO AMHS	1:02.40 q3A-D
29.20 33.20		
12 Kernutt, Audrey	SR RRHS	1:02.53 q3A-D
30.31 32.22		

13 Gullum, Jewel	JR PEN-PN	1:02.95 3A-D
1:03.04		
14 Sawyer, Addisyn	SR ENUM-PN	1:03.29 3A-D
29.32 33.97		
15 Rivera, Alicia	SR LINC-PN	1:03.34 3A-D
30.41 32.93		
16 Shearer, Annika	FR GHHS-PN	1:03.55 3A-D
1:03.67		
17 Isenberg, Anna	JR GHHS-PN	1:03.63 3A-D
30.27 33.36		
18 Rowland, Lily	SR KLFQ-PN	1:05.65
30.86 34.79		
19 Hebard, Laura	SR CKHS-PN	1:06.13
1:06.19		
20 Pedersen, Lillian	SR ENUM-PN	1:06.36
31.83 34.53		
21 Isaacks, Nayu	SR AMHS	1:06.95
31.05 35.90		
22 Wall, Peyton	FR WRHS-PN	1:07.54
31.81 35.73		
23 Taylor, Allison M	SO PEN-PN	1:07.56
31.29 36.27		
24 Pacheco-Lopez, Suri	FR LINC-PN	1:09.45
33.22 36.23		

**Event 8 Girls 500 Yard Freestyle**

4:53.01 AAA  
4:58.10 AAC  
5:20.00 3A-S 3A State  
6:18.60 3A-D 3A Districts

Name	YrSchool	Finals Time
<b>A - Final</b>		
1 Magnuson, Violet	SR CAP-PN	5:22.12 3A-D
28.39 31.10 31.87 32.22		
32.93 33.41 33.39 33.74		
33.15 31.92		
2 Yost, Hannah	SO DSHS-PN	5:24.50 3A-D
28.87 31.47 32.88 33.04		
33.67 33.25 33.58 33.76		
33.32 30.66		
3 LaTendresse, Audrey E	SO GHHS-PN	5:38.07 3A-D
30.39 33.34 34.48 35.03		
34.71 35.01 34.30 33.78		
34.46 32.57		
4 Lambiotte, Kayla	JR THS	5:41.04 3A-D
30.06 33.36 34.07 34.79		
34.71 34.82 35.28 35.14		
34.72 34.09		
5 Miller, Reese	SO PEN-PN	5:42.63 3A-D
29.67 32.93 34.23 34.75		
35.11 35.55 35.71 35.78		
35.43 33.47		
6 Hurley, Ava J	SR GHHS-PN	5:50.16 3A-D
31.54 34.73 35.16 35.46		
35.49 36.24 36.44 35.49		
35.69 33.92		

## 2025 WCD3 3A District Championships - 10/31/2025 to 11/1/2025

## Results

**B - Final ... (Event 8 Girls 500 Yard Freestyle)**

Name	Yr	School	Finals Time	
<b>B - Final</b>				
7 Roddy, Audrie	JR	ENUM-PN	5:44.41	3A-D
30.82	33.04	33.88	34.63	
34.96	35.16	35.42	36.32	
35.58	34.60			
8 Johnston, Kaitlyn	SO	GHHS-PN	5:53.17	3A-D
31.59	34.34	35.56	35.75	
36.48	36.38	36.79	36.93	
35.86	33.49			
9 Ensminger, Alex	JR	GHHS-PN	5:58.06	3A-D
31.78	35.47	36.15	36.18	
36.99	36.63	36.72	36.61	
36.78	34.75			
10 Newton, Aliyah	SR	PEN-PN	5:58.37	3A-D
32.95	35.70	36.06	36.24	
36.28	36.38	36.28	36.62	
36.44	35.42			
11 Dumas, Zoe	FR	DSHS-PN	6:02.19	3A-D
31.97	36.29	36.76	36.61	
36.93	37.84	38.35	36.88	
36.91	33.65			
12 Mossberg, Meadow B	SO	PEN-PN	6:09.30	3A-D
33.81	36.48	37.40	37.33	
37.89	37.48	37.71	37.83	
37.27	36.10			

**Event 8 Girls 500 Yard Freestyle**

4:53.01 AAA  
 4:58.10 AAC  
 5:20.00 3A-S 3A State  
 6:18.60 3A-D 3A Districts

Name	Yr	School	Prelim Time	
<b>Preliminaries</b>				
1 Yost, Hannah	SO	DSHS-PN	5:28.68	q3A-D
29.84	32.48	33.10	33.35	
33.58	33.50	33.94	34.17	
33.05	31.67			
2 Magnuson, Violet	SR	CAP-PN	5:29.03	q3A-D
27.44	31.20	32.47	33.57	
33.36	34.16	34.76	34.90	
34.66	32.51			
3 Lambiotte, Kayla	JR	THS	5:39.62	q3A-D
30.27	33.18	33.65	33.79	
34.14	35.00	35.66	34.81	
34.89	34.23			
4 Miller, Reese	SO	PEN-PN	5:40.15	q3A-D
29.71	33.11	34.33	34.64	
34.79	34.92	35.33	35.24	
35.28	32.80			
5 LaTendresse, Audrey E	SO	GHHS-PN	5:43.40	q3A-D
31.41	33.72	34.51	35.02	
35.37	35.37	35.43	34.85	
34.79	32.93			

6 Hurley, Ava J	SR	GHHS-PN	5:44.75	q3A-D
31.63	34.29	34.40	34.90	
34.91	35.62	35.25	34.91	
34.87	33.97			
7 Roddy, Audrie	JR	ENUM-PN	5:44.97	q3A-D
30.92	32.81	34.16	35.02	
35.36	35.67	35.50	35.77	
35.44	34.32			
8 Johnston, Kaitlyn	SO	GHHS-PN	5:53.53	q3A-D
31.26	34.30	35.40	36.07	
36.84	36.54	36.92	36.33	
35.83	34.04			
9 Ensminger, Alex	JR	GHHS-PN	5:58.74	q3A-D
31.03	35.56	1:13.61	36.63	
36.74	2:25.40	34.08		
10 Newton, Aliyah	SR	PEN-PN	6:00.48	q3A-D
32.28	35.53	36.10	36.34	
36.69	36.31	36.79	37.17	
37.14	36.13			
11 Dumas, Zoe	FR	DSHS-PN	6:03.27	q3A-D
31.75	37.01	37.88	37.10	
37.25	37.93	38.01	36.52	
36.56	33.26			
12 Mossberg, Meadow B	SO	PEN-PN	6:09.42	q3A-D
32.17	35.63	37.24	37.93	
38.20	38.17	38.30	38.36	
1:13.62				
13 Secoolish, Ayla	SO	FWHS	6:21.32	
33.42	37.25	38.61	1:18.33	
3:13.79				
14 Grippo, Gabi	SR	CAP-PN	6:36.53	
33.89	37.77	38.93	39.37	
40.42	41.13	41.88	41.91	
39.92	41.31			
15 Kwiatkowski, Cora	SO	AMHS	6:40.55	
35.42	39.35	40.17	41.33	
41.50	40.79	40.85	40.67	
41.04	39.43			
16 Wall, Peyton	FR	WRHS-PN	6:42.58	
1:11.27	5:34.84			
17 Pacheco-Lopez, Suri	FR	LINC-PN	6:51.85	
35.89	42.18	41.85	42.48	
43.75	42.79	42.09	42.06	
39.23	39.53			
--- Young, Samia	JR	AMHS	DFS	
<b>Event 9 Girls 200 Yard Freestyle Relay</b>				
			1:35.48	AAA
			1:37.13	AAC
			1:42.70	3A-S 3A State
			2:15.90	3A-D 3A Districts
Team	Relay	Finals Time		
<b>A - Final</b>				
1 PEN-PN	A	1:43.86	3A-D	
1) Ballard, Boe C	FR	2) Miller, Reese	SO	
3) Evers, Sophia N	FR	4) Gjertson, Lee	JR	
26.20	26.94	26.16	24.56	

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**A - Final ... (Event 9 Girls 200 Yard Freestyle Relay)**

Team	Relay	Finals Time	
2 DSHS-PN	A	1:46.65	3A-D
1) Hendrickson, Linnea SR	2) Templin, Grace SO		
3) Aiken, Annabelle JR	4) Rider, Izzy JR		
26.90 27.58	27.23 24.94		
3 GHHS-PN	A	1:47.10	3A-D
1) Bevans, Hanna G FR	2) Hurley, Ava J SR		
3) Jackman, Jane E FR	4) Dahlin, Eva JR		
26.92 27.13	27.29 25.76		
4 AMHS	A	1:51.53	3A-D
1) Isaacks, Rika SO	2) Braatz, Anna JR		
3) Isaacks, Nayu SR	4) Chitty, Adeline JR		
28.26 28.47	28.50 26.30		
5 ENUM-PN	A	1:52.26	3A-D
1) Levesh, Alexandra SR	2) Michael, Molly SR		
3) Roddy, Audrie JR	4) Sawyer, Addisyn SR		
26.63 29.05	28.56 28.02		
6 THS	A	1:53.84	3A-D
1) Nau, Layla SO	2) McGregor, Aniela SR		
3) Ganey, Brenna SO	4) Lambiotte, Kayla JR		
27.04 29.48	30.07 27.25		

**B - Final**

7 WRHS-PN	A	1:51.51	3A-D
1) Hines, Emma SO	2) Wall, Peyton FR		
3) Bergin, Grace SO	4) Weisheyer, Haley SR		
28.70 28.92	28.18 25.71		
8 CKHS-PN	A	1:53.60	3A-D
1) Griffin, Lana FR	2) Hebard, Laura SR		
3) Baskins, Breana SR	4) Sandoval, Ailianna JR		
29.31 28.52	29.46 26.31		
9 NTHS	A	1:58.67	3A-D
1) Losee, Keira SR	2) Remigio, Chelsee-anne SR		
3) Cardwell, Kai SO	4) Ewig, Michelle JR		
27.73 32.27	31.06 27.61		
10 LINC-PN	A	1:58.88	3A-D
1) Rivera, Alicia SR	2) Pacheco-Lopez, Suri FR		
3) Klein, Camila SR	4) Chinn, Gia SR		
29.01 30.18	31.89 27.80		
11 TBHS-PN	A	2:01.55	3A-D
1) Nguyen, Audrianna FR	2) Liu, Erin JR		
3) Shmorgun, Anastasia SO	4) Tandio, Jasmine JR		
27.41 33.97	34.13 26.04		
12 DECA	A	2:08.13	3A-D
1) Kack, Luna SO	2) Caesar, Jamisen JR		
3) Duran, Fatima SR	4) Thomas, Arsema JR		
32.50 31.26	32.38 31.99		

**Event 9 Girls 200 Yard Freestyle Relay**

1:35.48 AAA

1:37.13 AAC

1:42.70 3A-S 3A State

2:15.90 3A-D 3A Districts

Team	Relay	Prelim Time	
1 DSHS-PN	A	1:48.06	q3A-D
1) Hendrickson, Linnea SR	2) Templin, Grace SO		
3) Aiken, Annabelle JR	4) Rider, Izzy JR		
27.28 27.18	32.29 21.31		

2 PEN-PN	A	1:48.25	q3A-D
1) Ballard, Boe C FR	2) Garrels, Ryan SR		
3) Miller, Reese SO	4) Evers, Sophia N FR		
25.92 28.13	27.01 27.19		
3 GHHS-PN	A	1:48.77	q3A-D
1) Bevans, Hanna G FR	2) Hurley, Ava J SR		
3) LaTendresse, Audrey E SO	4) Dahlin, Eva JR		
26.93 27.43	28.13 26.28		
4 AMHS	A	1:52.96	q3A-D
1) Chitty, Adeline JR	2) Braatz, Anna JR		
3) Isaacks, Nayu SR	4) Isaacks, Rika SO		
26.91 29.83	28.77 27.45		
5 THS	A	1:53.13	q3A-D
1) Nau, Layla SO	2) McGregor, Aniela SR		
3) Ganey, Brenna SO	4) Lambiotte, Kayla JR		
26.94 29.18	32.00 25.01		
6 ENUM-PN	A	1:53.27	q3A-D
1) Levesh, Alexandra SR	2) Michael, Molly SR		
3) Roddy, Audrie JR	4) Sawyer, Addisyn SR		
26.45 29.29	29.52 28.01		
7 WRHS-PN	A	1:54.89	q3A-D
1) Hines, Emma SO	2) Wall, Peyton FR		
3) Bergin, Grace SO	4) Weisheyer, Haley SR		
29.04 31.06	28.87 25.92		
8 CKHS-PN	A	1:55.77	q3A-D
1) Griffin, Lana FR	2) Hebard, Laura SR		
3) Baskins, Breana SR	4) Sandoval, Ailianna JR		
29.10 29.89	29.80 26.98		
9 NTHS	A	1:59.12	q3A-D
1) Losee, Keira SR	2) Remigio, Chelsee-anne SR		
3) Cardwell, Kai SO	4) Ewig, Michelle JR		
27.74 32.35	31.63 27.40		
10 LINC-PN	A	1:59.80	q3A-D
1) Rivera, Alicia SR	2) Pacheco-Lopez, Suri FR		
3) Klein, Camila SR	4) Chinn, Gia SR		
29.32 31.25	31.66 27.57		
11 TBHS-PN	A	2:01.85	q3A-D
1) Nguyen, Audrianna FR	2) Liu, Erin JR		
3) Shmorgun, Anastasia SO	4) Tandio, Jasmine JR		
27.24 31.62	37.47 25.52		
12 DECA	A	2:10.16	q3A-D
1) Kack, Luna SO	2) Caesar, Jamisen JR		
3) Duran, Fatima SR	4) Thomas, Arsema JR		
32.81 32.46	32.59 32.30		
13 RRHS	A	2:10.25	3A-D
1) Hanna, Mya SR	2) Burningham, Emersyn SR		
3) Wlodkowski, Emily FR	4) Kernutt, Audrey SR		
32.73 36.41	32.88 28.23		
14 KLFPG-PN	A	2:17.49	
1) Knight, Addy SR	2) Wilson, Irulan SO		
3) Duong, Tiffany FR	4) Jackson, AJ FR		
33.89 35.22	37.66 30.72		
15 FWHS	A	2:21.56	
1) Pham, Amanda JR	2) Gizaw, Saron SR		
3) Egaas, Zoey SO	4) Nguyen, Jazlyn JR		
37.73 43.28	29.55 31.00		

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## Results

## Preliminaries ... (Event 9 Girls 200 Yard Freestyle Relay)

Team	Relay	Prelim Time
16 LAKES-PN	A	2:44.22
1) Greene, Leah JR	2) Audas, Camille JR	
3) Knight, Allegra FR	4) Kuper, Sadie SO	
59.46 39.05	36.42 29.29	
--- CAP-PN	A	DQ
1) Olson, Masha JR	2) Tang, Amanda JR	
3) Nielsen, Tessa SO	4) Mead, Aria SR	
31.47 32.46	31.90 30.78	
--- TJ-PN	A	DQ
1) Trinh, Haylie JR	2) Venegas, Esmerelda SR	
3) Du, Tracy SR	4) Lee, Juah JR	
35.23 34.61	34.08 31.23	

## Event 10 Girls 100 Yard Backstroke

54.71 AAA  
 55.91 AAC  
 59.30 3A-S 3A State  
 1:13.50 3A-D 3A Districts

Name	YrSchool	Finals Time
<b>A - Final</b>		
1 LaTendresse, Kaitlyn E	SR GHHS-PN	58.72 3A-S
28.35 30.37		
2 Magnuson, Violet	SR CAP-PN	1:01.99 3A-D
29.90 32.09		
3 Nelson, Jenna	SR GHHS-PN	1:03.02 3A-D
31.06 31.96		
4 Ng, Ang	SR TJ-PN	1:03.43 3A-D
30.56 32.87		
5 Levesh, Alexandra	SR ENUM-PN	1:04.63 3A-D
31.11 33.52		
6 To, Jennifer	JR DSHS-PN	1:05.91 3A-D
31.83 34.08		
<b>B - Final</b>		
7 Dumas, Zoe	FR DSHS-PN	1:06.89 3A-D
32.67 34.22		
8 Shadwick, Ashley	SO KLFPG-PN	1:09.34 3A-D
33.32 36.02		
9 Losee, Keira	SR NTHS	1:09.52 3A-D
33.27 36.25		
10 Baez-Tovalin, Paola	SO DSHS-PN	1:10.98 3A-D
34.86 36.12		
11 Jackman, Jane E	FR GHHS-PN	1:12.53 3A-D
35.66 36.87		
12 Chinn, Gia	SR LINC-PN	1:12.91 3A-D
34.90 38.01		

## Event 10 Girls 100 Yard Backstroke

54.71 AAA  
 55.91 AAC  
 59.30 3A-S 3A State  
 1:13.50 3A-D 3A Districts

Name	YrSchool	Prelim Time
<b>Preliminaries</b>		
1 LaTendresse, Kaitlyn E	SR GHHS-PN	1:01.09 q3A-D
29.83 31.26		

2 Magnuson, Violet	SR CAP-PN	1:01.55 q3A-D
29.80 31.75		
3 Levesh, Alexandra	SR ENUM-PN	1:02.98 q3A-D
30.68 32.30		
4 Nelson, Jenna	SR GHHS-PN	1:03.63 q3A-D
31.44 32.19		
5 Ng, Ang	SR TJ-PN	1:04.85 q3A-D
31.06 33.79		
6 To, Jennifer	JR DSHS-PN	1:05.82 q3A-D
31.41 34.41		
7 Jackman, Jane E	FR GHHS-PN	1:08.93 q3A-D
33.22 35.71		
8 Losee, Keira	SR NTHS	1:08.94 q3A-D
33.03 35.91		
9 Dumas, Zoe	FR DSHS-PN	1:09.16 q3A-D
33.98 35.18		
10 Shadwick, Ashley	SO KLFPG-PN	1:11.97 q3A-D
34.11 37.86		
11 Baez-Tovalin, Paola	SO DSHS-PN	1:11.99 q3A-D
1:12.07		
12 Chinn, Gia	SR LINC-PN	1:12.56 q3A-D
33.68 38.88		
13 Lin, Allyson	FR GHHS-PN	1:13.21 3A-D
1:13.32		
14 Gardner, Sydney E	SO PEN-PN	1:13.24 3A-D
35.31 37.93		
15 Lassen, Ellen J	SR PEN-PN	1:13.55
35.92 37.63		
16 Bergin, Grace	SO WRHS-PN	1:14.63
36.56 38.07		
17 Garrels, Ryan	SR PEN-PN	1:14.83
36.85 37.98		
18 Bucknam, Macie	JR DSHS-PN	1:15.73
1:15.88		
19 Mead, Aria	SR CAP-PN	1:16.81
1:16.96		
20 Murray, Saydie	SO CKHS-PN	1:17.03
37.62 39.41		
21 Munoz, Juliana R	SO PEN-PN	1:17.78
37.27 40.51		
22 Willhite, Ella	FR DECA	1:21.49
39.36 42.13		
--- Anelli, Silvia	JR THS	DQ
37.94 40.87		
--- Doherty, Marina	JR CKHS-PN	DQ
1:14.33		

## Event 11 Girls 100 Yard Breaststroke

1:02.52 AAA  
 1:03.75 AAC  
 1:07.70 3A-S 3A State  
 1:22.00 3A-D 3A Districts

Name	YrSchool	Finals Time
<b>A - Final</b>		
1 Rider, Izzy	JR DSHS-PN	1:06.19 3A-S
31.10 35.09		

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Results

**A - Final ... (Event 11 Girls 100 Yard Breaststroke)**

Name	YrSchool	Finals Time
2 Moun, Abigail	SO DSHS-PN	1:13.73 3A-D
33.88 39.85		
3 Bevans, Hanna G	FR GHHS-PN	1:14.61 3A-D
35.12 39.49		
4 Sandoval, Ailianna	JR CKHS-PN	1:14.84 3A-D
35.07 39.77		
5 Nguyen, Audrianna	FR TBHS-PN	1:16.97 3A-D
36.71 40.26		
6 Jolley, Samantha	SR FWHS	1:18.22 3A-D
35.21 43.01		

**B - Final**

7 Grinstead, Ingrid	SO DSHS-PN	1:19.17 3A-D
37.20 41.97		
8 Gullum, Jewel	JR PEN-PN	1:21.06 3A-D
37.76 43.30		
9 Cocke', Catherine	SO DSHS-PN	1:21.13 3A-D
37.54 43.59		
10 Burt, Molly	JR TJ-PN	1:21.82 3A-D
38.77 43.05		
11 Walling, Ashly	SR DECA	1:21.93 3A-D
38.17 43.76		
12 Wilson, Samara	SO GHHS-PN	1:23.17 1
40.02 43.15		

**Event 11 Girls 100 Yard Breaststroke**

1:02.52 AAA  
 1:03.75 AAC  
 1:07.70 3A-S 3A State  
 1:22.00 3A-D 3A Districts

Name	YrSchool	Prelim Time
<b>Preliminaries</b>		
1 Rider, Izzy	JR DSHS-PN	1:07.17 q3A-S
31.80 35.37		
2 Moun, Abigail	SO DSHS-PN	1:13.58 q3A-D
34.02 39.56		
3 Sandoval, Ailianna	JR CKHS-PN	1:14.67 q3A-D
34.89 39.78		
4 Jolley, Samantha	SR FWHS	1:16.55 q3A-D
35.81 40.74		
5 Bevans, Hanna G	FR GHHS-PN	1:16.68 q3A-D
36.22 40.46		
6 Nguyen, Audrianna	FR TBHS-PN	1:17.80 q3A-D
36.61 41.19		
7 Grinstead, Ingrid	SO DSHS-PN	1:18.25 q3A-D
36.72 41.53		
8 Gullum, Jewel	JR PEN-PN	1:20.89 q3A-D
37.27 43.62		
9 Cocke', Catherine	SO DSHS-PN	1:20.99 q3A-D
36.79 44.20		
10 Burt, Molly	JR TJ-PN	1:21.72 q3A-D
38.69 43.03		
11 Walling, Ashly	SR DECA	1:21.95 q3A-D
37.78 44.17		
12 Wilson, Samara	SO GHHS-PN	1:22.21 q
39.40 42.81		

13 Ewig, Michelle	JR NTHS	1:22.73
37.94 44.79		
14 Newton, Aliyah	SR PEN-PN	1:25.13
40.45 44.68		
15 O'Berry, Olivia	JR GHHS-PN	1:26.87
41.25 45.62		
16 Erickson, Norah K	FR PEN-PN	1:27.65
40.32 47.33		
17 Grippo, Gabi	SR CAP-PN	1:28.07
41.22 46.85		
18 Hayes, Stella	FR LINC-PN	1:28.17
41.53 46.64		
19 Caesar, Jamisen	JR DECA	1:30.33
41.09 49.24		
20 Payne, Johanna	SO GHHS-PN	1:30.54
42.67 47.87		
21 Cady, Eloise	SR CAP-PN	1:30.64
43.19 47.45		
22 Stucki, Grace	JR THS	1:34.85
45.05 49.80		
23 Remigio, Chelsee-anne	SR NTHS	1:39.68
46.83 52.85		
24 Guanga-Myers, Dahlia	JR AMHS	1:51.13
52.68 58.45		

**Event 12 Girls 400 Yard Freestyle Relay**

3:27.78 AAA  
 3:31.16 AAC  
 3:45.00 3A-S 3A State  
 5:07.20 3A-D 3A Districts

Team	Relay	Finals Time
<b>A - Final</b>		
1 GHHS-PN	A	3:47.57 3A-D
1) Nelson, Jenna SR	2) Yestifieieva, Snegana FR	
3) Dahlin, Eva JR	4) LaTendresse, Kaitlyn E SR	
27.45 56.98	27.71 1:25.70	
30.46 56.59	28.35 28.30	
2 PEN-PN	A	3:57.40 3A-D
1) Miller, Reese SO	2) Newton, Aliyah SR	
3) Gardner, Sydney E SO	4) Ballard, Boe C FR	
28.41 59.05	30.02 1:02.57	
28.71 1:00.44	26.33 55.34	
3 DSHS-PN	A	4:01.45 3A-D
1) Yost, Hannah SO	2) Templin, Grace SO	
3) Moun, Abigail SO	4) To, Jennifer JR	
28.63 59.47	29.63 1:02.13	
29.15 1:06.61	22.01 53.24	
4 THS	A	4:07.50 3A-D
1) Nau, Layla SO	2) McGregor, Aniela SR	
3) Scanlan, Sienna SR	4) Lambiotte, Kayla JR	
27.92 59.92	30.96 1:05.49	
30.11 1:03.25	27.95 58.84	
5 CKHS-PN	A	4:10.36 3A-D
1) Griffin, Lana FR	2) Hebard, Laura SR	
3) Baskins, Breana SR	4) Sandoval, Ailianna JR	
29.97 1:02.07	30.59 1:04.11	
30.52 1:07.98	25.98 56.20	

## 2025 WCD3 3A District Championships - 10/31/2025 to 11/1/2025

## Results

**A - Final ... (Event 12 Girls 400 Yard Freestyle Relay)**

Team	Relay	Finals Time	
6 AMHS	A	4:14.33	3A-D
1) Isaacks, Rika SO	2) Young, Samia JR		
3) Isaacks, Nayu SR	4) Chitty, Adeline JR		
29.77	1:03.15	31.76	1:07.92
29.44	1:06.03	26.88	57.23
<b>B - Final</b>			
7 CAP-PN	A	4:18.59	3A-D
1) Grippio, Gabi SR	2) Olson, Masha JR		
3) Mead, Aria SR	4) Magnuson, Violet SR		
30.60	1:05.46	33.50	1:10.66
30.89	1:06.21	26.89	56.26
8 TJ-PN	A	4:26.94	3A-D
1) Burt, Molly JR	2) Poblete, Izabella FR		
3) Ng, Ang SR	4) Policarpio, Fiona JR		
34.86	1:12.31	35.06	1:14.89
28.01	1:00.30	27.68	59.44
9 KLFQ-PN	A	4:27.52	3A-D
1) Knight, Addy SR	2) Beede, Aleise JR		
3) Rowland, Lily SR	4) Shadwick, Ashley SO		
34.90	1:12.29	31.78	1:09.61
30.25	1:04.02	29.38	1:01.60
10 FWHS	A	4:35.61	3A-D
1) Secoolish, Ayla SO	2) Egaas, Zoey SO		
3) Nguyen, Jazlyn JR	4) Jolley, Samantha SR		
31.55	1:05.44	32.68	1:11.46
33.77	1:12.69	31.06	1:06.02
11 DECA	A	4:40.57	3A-D
1) Duran, Fatima SR	2) Thomas, Arsema JR		
3) Caesar, Jamisen JR	4) Walling, Ashly SR		
34.90	1:13.68	34.05	1:11.60
33.10	1:11.48	29.25	1:03.81
12 NTHS	A	4:55.44	3A-D
1) Kresha, Luna SO	2) Remigio, Chelsea-anne SR		
3) Bermensolo, Aspen SO	4) Booth, June JR		
34.28	1:11.90	36.53	1:16.75
35.25	1:14.14	34.00	1:12.65

**Event 12 Girls 400 Yard Freestyle Relay**

3:27.78 AAA  
 3:31.16 AAC  
 3:45.00 3A-S 3A State  
 5:07.20 3A-D 3A Districts

Team	Relay	Prelim Time	
<b>Preliminaries</b>			
1 GHHS-PN	A	3:59.02	q3A-D
1) Dahlin, Eva JR	2) Yestifieieva, Snegana FR		
3) LaTendresse, Audrey E SO	4) Nelson, Jenna SR		
28.03	58.61	28.52	59.41
30.14	1:03.05	27.88	57.95
2 DSHS-PN	A	4:03.24	q3A-D
1) Yost, Hannah SO	2) Templin, Grace SO		
3) Moun, Abigail SO	4) To, Jennifer JR		
28.87	59.79	28.81	1:00.69
30.37	1:04.02	27.83	58.74

3 THS	A	4:08.42	q3A-D
1) Nau, Layla SO	2) McGregor, Aniela SR		
3) Scanlan, Sienna SR	4) Lambiotte, Kayla JR		
28.40	1:00.92	31.08	1:05.36
29.41	1:02.64	28.57	59.50
4 PEN-PN	A	4:11.68	q3A-D
1) Garrels, Ryan SR	2) Newton, Aliyah SR		
3) Gullum, Jewel JR	4) Gardner, Sydney E SO		
30.69	1:03.56	30.41	1:03.27
30.09	1:03.52	29.15	1:01.33
5 CKHS-PN	A	4:16.69	q3A-D
1) Griffin, Lana FR	2) Hebard, Laura SR		
3) Baskins, Breana SR	4) Sandoval, Ailianna JR		
30.49	1:03.23	32.17	1:07.17
1:08.18	1:35.91	1:06.00	30.38
6 AMHS	A	4:19.52	q3A-D
1) Isaacks, Rika SO	2) Young, Samia JR		
3) Isaacks, Nayu SR	4) Chitty, Adeline JR		
30.51	1:04.48	32.31	1:08.46
30.93	1:07.54	27.72	59.04
7 CAP-PN	A	4:21.11	q3A-D
1) Grippio, Gabi SR	2) Olson, Masha JR		
3) Mead, Aria SR	4) Magnuson, Violet SR		
1:06.39	1:39.78	37.77	1:09.45
35.37	1:02.47	29.49	29.41
8 TJ-PN	A	4:28.00	q3A-D
1) Burt, Molly JR	2) Poblete, Izabella FR		
3) Ng, Ang SR	4) Policarpio, Fiona JR		
34.39	1:11.96	34.61	1:14.33
28.96	1:02.03	27.85	59.68
9 KLFQ-PN	A	4:34.16	q3A-D
1) Beede, Aleise JR	2) Knight, Addy SR		
3) Rowland, Lily SR	4) Shadwick, Ashley SO		
1:11.67	1:46.87	37.46	1:08.61
34.45	1:04.84	34.12	33.84
10 FWHS	A	4:40.39	q3A-D
1) Secoolish, Ayla SO	2) Egaas, Zoey SO		
3) Nguyen, Jazlyn JR	4) Jolley, Samantha SR		
1:07.60	1:40.96	38.29	1:53.32
31.36	1:06.47	36.72	
11 DECA	A	4:51.04	q3A-D
1) Duran, Fatima SR	2) Thomas, Arsema JR		
3) Caesar, Jamisen JR	4) Walling, Ashly SR		
34.87	1:15.21	35.56	1:14.70
34.29	1:13.20	31.21	1:07.93
12 NTHS	A	4:56.50	q3A-D
1) Kresha, Luna SO	2) Remigio, Chelsea-anne SR		
3) Bermensolo, Aspen SO	4) Booth, June JR		
34.28	1:12.96	36.29	1:16.59
1:14.14	1:48.78	38.29	38.17
13 RRHS	A	5:14.75	
1) Hanna, Mya SR	2) Fouts, Arizona SO		
3) Burningham, Peytin SO	4) Wlodkowski, Emily FR		
36.01	1:15.56	36.41	1:15.74
41.52	1:28.01	36.51	1:15.44

## 2025 WCD3 3A District Championships - 10/31/2025 to 11/1/2025

## Results

**Preliminaries ... (Event 12 Girls 400 Yard Freestyle Relay)**

Team	Relay	Prelim Time
--- ENUM-PN	A	DQ
1) Pedersen, Lillian SR	2) Stuenkel, Louisa SR	
3) Mulligan, Rylee SR	4) Michael, Molly SR	
32.29 1:07.61	34.98 1:15.64	
33.92 1:12.16	31.10 1:07.05	

**Scores - Women**

## Women - Team Rankings - Through Event 12

1. Gig Harbor High School	293
2. Dr. Dolores Silas HS Girls	208
3. Peninsula High School	200
4. Timberline Girls' Swim	89
5. Enumclaw High School	84
6. Thomas Jefferson HS Girls	74
7. White River High School	71
8. Auburn Mountainview	70
9. Central Kitsap	58
10. Capital HS Girls Swim & Dive	54
11. Decatur High School	41
12. Todd Beamer High School	33
13. Lakes High School	21
13. North Thurston High School	21
15. Kentlake Falcons Girls	18
16. Fwhs Girls Swim	15
16. Lincoln HS	15