



2026 KINGCO 1A/2A/3A Gymnastics Championships Syllabus

Location and date:

- **Interlake High School** on **Saturday 1/31/26**
- Address: 16245 NE 24th St. Bellevue. WA. 98008

Meet Policies and Regulations:

The meet shall be governed by KingCo and WIAA rules and regulations.

Meet Director:

Rich Klee – Bothell HS Athletics Director rklee@nsd.org cell phone: (206) 409-9825

Meet Manager:

Ryan Fleisher issygymnastics@yahoo.com cell phone: (425) 443-1899

Games Committee:

Rich Klee, Jenetta Blake, Kingco Athletic Director, 1 coach that is not involved, and 1 official.

School Roster: Rosters of competitors --

are **due to Ryan Fleisher (issygymnastics@yahoo.com) by Monday 1/26/2026.**

- Each school's roster is limited to 2 coaches and **competing gymnasts only**.
- Email your roster of coaches and competitors to R. Fleisher
- Roster will be used for KingCo, Districts and team qualifiers to State. Please note that the roster does not change from the KingCo Meet through the State Championship.
 - If an athlete is not available to compete at the District or State meet, they are not eligible to compete at the KingCo meet.
- Non-competing gymnasts will need to pay and sit in the stands as spectators.
- Cheerleaders in uniform/team sweats and on the official school roster will be admitted free.

Admission Prices:

- Tickets can be purchased on GoFan.com or can be purchased on site with debit/credit card
- NO CASH
- Adults & student w/o ASB → \$9 base ticket price plus online fee
- Students with ASB and K-8 → \$5 base ticket price plus online fee
- Senior citizens and pre-school & under → no charge
- Cheerleaders in uniform/team sweats and on the official school roster will be admitted free

Passes:

- KingCo scouting, KingCo lifetime, WIAA & District 2 lifetime passes are the only passes honored.
- Specifically, KingCoFaculty and District passes **will not** be honored.

Post Season Playoff Supervision: Each school must have an administrator or designee present for crowd control issues with their fans (as stated in the KingCo Handbook.) It is not the job of the tournament director or meet managers to address fan behavior during the meet.

Sportsmanship/Spirit: Signs, Flags, Noisemakers

- Each school may have one official school banner.
 - Noisemakers will not be allowed. Any fan unwilling to give up noisemaker(s) will be removed.
 - No handheld signs including big heads.
 - No balloons.
 - No flash photography. Anyone taking pictures must be seated in the stands.
 - No distractions of any kind.
-

Meet Format: Capital Cup (warm up compete, warm up compete).

Entries: Each school can compete a max. of 6 athletes per event.

Gates open at 9:30 am.

Teams arriving prior to 9:30 a.m. shall wait in their vehicles until doors open.

Time Schedule: The 1A/2A/3A KC Championship will be one session on Saturday January 31 at Interlake HS

10:00 - 10:15 → OPEN STRETCH	11:45 → MARCH IN
10:15 - 11:35 → WARMUPS	noon - 1:20 → competition
11:35 - 11:45 → prepare for march in	1:30 → AWARDS

Medical and Athletic Training: There will be an athletic trainer on site for all sessions. Each school needs to provide their own tape and medical supplies.

Equipment

Here is a list of the meet equipment available besides the mats at each rotation --

- Vault safety zone
- RO entry mat (rectangle)
- 8 in. for each event
- Panel mats for spotting

Inquiry Forms: Will be provided. Inquiries must be completed and turned in before the end of each rotation. Inquiries will follow the WIAA Inquiry Policy.

Music: Each school will provide their own music in an MP3 format.

Rotations: Rotations will be emailed the week of the KingCo meet.

Crowd Control:

The floor is limited to athletes competing. Athletes that are not competing need to be in the stands.

Belongings: The host High School is not responsible for the safety of belongings. Athletes need to keep belongings with them. Please have the competitors limit what they bring – no blankets, pillows, extra bags, extra backpacks etc.

Photographers: are not allowed on the competition floor.

- They need to be in the stands and not use flash photography.
- All photographers must have WIAA approved media credentials and they must be visible.

Awards: Immediately following the last session. Only competitors may sit with the team.

1A/2A/3A Allocations to Districts at Ballard High School on 2/14/26

	<u>Kingco</u>
Teams	2
All Around	4
Individuals	14

To State from District #2 (3A/2A/1A combined):

TEAMS = 2

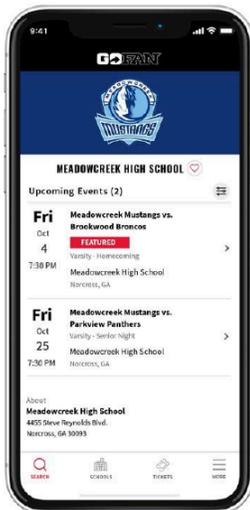
INDIVIDUALS = 11

ALL AROUND = 4

Purchasing Tickets:

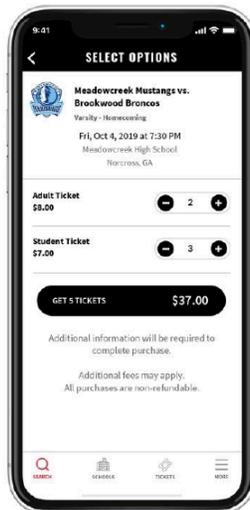
- Tickets can be purchased on GoFan.com or can be purchased on site with debit/credit card
- THERE WILL NOT BE CASH BOX ON SITE.
- Adults & student w/o ASB → \$9 base ticket price plus online fee
- Students with ASB and K-8 → \$5 base ticket price plus online fee
- Senior citizens and pre-school & under → no charge
- Cheerleaders in uniform/team sweats and on the official school roster will be admitted free
- Non-competing gymnasts will need to pay and sit in the stands as spectators.

GO FAN EXPERIENCE: PURCHASE



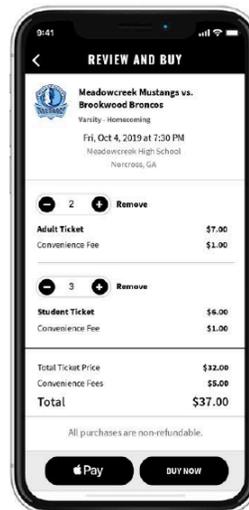
1

SELECT EVENT



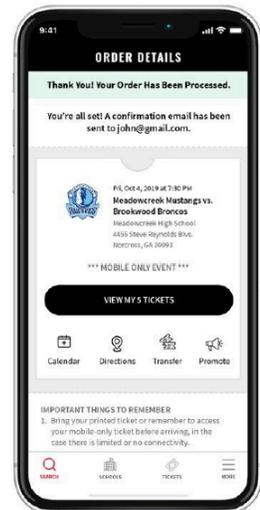
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SELECT TICKETS



3

BUY TICKETS



4

CLICK "VIEW TICKETS" AND PRESENT AT GATE

Go Fan for KingCo Postseason

The event is set-up and available for sale on GoFan.

remember -- no cash sales

It can be found by searching KingCo or any of the 1A/2A/3A schools.

Here is the link to Kingco Postseason events on GoFan:

<https://www.kingcoathletics.com/admissions2/>