

2026 1B Quad District Track & Field Championship Districts I, II, III & IV

Dear Administrators, Athletic Directors, and Track & Field Coaches,

This packet contains important information regarding the **2026 1B Quad District Track & Field Championship**.

The meet will be held on:

Thursday, May 21, 2026
Bremerton High School

Location:
1500 13th St
Bremerton, WA 98337

Directions:
<https://maps.app.goo.gl/uVhdncoeKtEBeuvk7>

ADMINISTRATORS

Supervisory Pass List

Please complete the **Pass List Form** included with this packet and email it to the Meet Director **no later than Monday, May 18, 2026**.

Email: coachdjohnson@live.com

TRACK & FIELD COACHES

The following information requires your immediate attention.

OFFICIAL RELAY TEAM (IMPORTANT)

Relay teams may include **up to eight (8) athletes** listed on **Athletic.net**.

- Athletes should be listed in the **order they are expected to run**
- Up to **four alternates** may be listed
- Relay rosters **cannot be changed once the qualifying meet begins**

All relay entries must be submitted **before the qualifying meet**, preferably at the **League/Sub-District Meet**.

QUALIFYING MEET MANAGERS

Please add **Peak Performance Timing** as a **co-host** for your qualifying meet in Athletic.net.

Results from Athletic.net will be used to **populate entries for the Quad District Meet**.

ENCLOSED INFORMATION

This packet includes:

- Event Schedule
 - Facility Map
 - Pole Vault Certification Form
 - Supervisory Pass List Form
 - Additional Meet Information
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CONTACT INFORMATION

If you have questions or concerns, please contact:

Dwayne Johnson

Cape Flattery School District Athletic Director
West Central District #3 Track & Field Commissioner

Cell: 360-640-8475

Meet Contact: 206-235-1761

Email: coachdjohnson@live.com

We look forward to seeing you and your teams at the **2026 1B Quad District Track & Field Championships**.

Sincerely,

Dwayne Johnson

Cape Flattery School District Athletic Director
West Central District #3 Track & Field Commissioner

MEET INFORMATION

Stadium Location

Bremerton High School

Locker rooms **will not be available**. Restrooms will be available inside the stadium.

FACILITY OPENING

The track facility will open:

Thursday, May 21

3:00 PM

Competition Schedule:

Field Events — **3:30 PM**

Track Events — **4:00 PM**

(See schedule posted on Athletic.net)

PARKING

Public Parking:

East side of the stadium.

Bus / School Van Parking:

Southwest corner of the stadium.

SUPERVISORY PASSES

Pass list forms must be **emailed by 9:00 AM on Monday, May 18.**

Send to:

coachdjohnson@live.com

Supervisors must **enter through the Pass Gate.**

ACCEPTED PASSES

Only the following passes will be accepted:

- District I, II, III, IV Executive Board Pass
- District Lifetime Pass
- Washington State Coaches Association Pass

Superintendent and School Board names **must be listed on the pass form.**

No other passes will be accepted.

COACHES & PARTICIPANT PASSES

- **1 pass per qualified contestant**
- **4 coaches passes per team**

Additional coach passes may be issued based on team size.

Coach packets may be picked up:

Thursday, May 21

3:00 PM – 4:00 PM

Timing Trailer at the Finish Line

COACHES MEETING

Thursday, May 21

3:15 PM

Finish Line / Timing Trailer Area

Head coaches are expected to attend.

SCRATCHES

All scratches must be reported to meet management **no later than 10:00 AM on Wednesday, May 20.**

If scratches occur before that deadline:

- The event will be **re-seeded**

After the deadline:

- Athletes will be inserted in the position of the scratched athlete.

Coaches are responsible for notifying their **league alternates**.

Meet management will **not notify alternates**.

WARM-UP AREA

Athletes may warm up in **designated flagged areas only**.

STAGING / CHECK-IN

Running events must check in at the **Timing Trailer** for instructions and hip numbers.

Athletes must report to the **Clerk of the Course** after the **third call** or they will be scratched.

RESULTS

Live results and lane assignments will be available on: **Athletic.net**

Live Results will be posted **throughout the meet**.

ELECTRONIC COMMUNICATION DEVICES

Electronic devices are permitted:

- in unrestricted areas
- in designated coaches' areas

They **may NOT** be used to:

- review referee decisions
 - communicate with athletes during a race or attempt
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RULES

All meets will follow:

- **National Federation of State High School Associations Track & Field Rules**
- **Washington Interscholastic Activities Association Track & Field Regulations**

Except where modified in **2026, Bound for State regulations.**

COACHES AREA

Coaches must remain:

- in the **grandstand**, or
- in designated coaching areas

Coaches may enter the field only when:

- summoned for an injury
- addressing a protest through the appeals process

Running alongside athletes during competition **may result in disqualification.**

STATE QUALIFICATION

The **1B Quad District Meet** qualifies the following athletes to the state championships:

Girls: **Top 7**

Boys: **Top 8**

All eight places will be **scored for team standings.**

TICKETS

Tickets must be purchased through **GoFan** Purchase tickets:

<https://gofan.co/app/school/WA71989>

Ticket Prices

Adult — \$10

Student (Non-ASB) — \$10

Student (ASB) — \$5
Senior — \$5
Military — \$5
Elementary — \$5
Under 5 — Free

Accepted Passes:

- WCD Executive Board
 - District Lifetime Pass
 - WCD Eligibility Committee Pass
 - WSCA Membership (with ID)
 - WSSAAA Membership
 - WOA Officials
 - Rush Team Apparel Sponsor Card
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TRAINERS

Certified athletic trainers will be present during the meet.

Schools should **bring their own ice**.

POP-UP TENTS

Pop-up tents are permitted **in the west bleacher area**.

Please bring trash bags and clean your team area.

SPIKES

Maximum spike length: **¼ inch**

Allowed:

- Pyramid spikes
- Christmas tree spikes (¼" or shorter)

Not allowed:

- Needle spikes
- Pin spikes
- Spikes longer than ¼"

TIMING

All races will use **Fully Automatic Timing (FAT)**. Peak Performance Timing + Live Results

AWARDS

- **1st – 3rd Place:** Pins
- **Team Awards:** 1st and 2nd Place

Awards will be presented **immediately after event results are verified**.

FORMS INCLUDED

- Pass List Form
 - Protest Form
 - Pole Vault Certification Forms
 - Event Schedule
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CONTACT INFORMATION

We look forward to seeing you and your teams at the **2026 1B Quad District Track & Field Championships**.

Dwayne Johnson

Cape Flattery School District Athletic Director
West Central District #3 Track & Field Commissioner