# 2026 Metro League 3A Volleyball Tournament

The purpose of the Metro 3A Volleyball Tournament is to determine a *league champion* and seed our teams into the SeaKing District 2 championships. Eight (8) teams will advance to the district championships on November 12 and 14, 2026, where they will begin bracket play according to the result of league tournaments in Metro and KingCo.

**Tournament Dates and Locations:**

- **Round 1 –** Thursday, October 29, 2026, at Sound #4 - (loser out) ***No admission charged***
- **Round 2** – Tuesday, November 3, 2026, at Mountain #1, Mountain #2, Mountain #3, Mountain #4
- **Round 3** – Wednesday, November 4, 2026 at Higher Seeds (4 sites = TBD) (loser out)
- **Final Round –** Saturday, November 7, 2026, at **Chief Sealth High School/Denny Middle School** 2600 SW Thistle St, Seattle, WA 98126

**Tournament Policies and Regulations**

The tournament shall be governed by the WIAA rules and regulations, Metro, SeaKing District 2 policy, and NHFS Rules. Lacey London (Holy Names Academy) will act as Tournament Director. The Tournament Director will be empowered to make decisions deemed necessary that are not specifically addressed in these instructions. Any item for consideration by the Tournament Committee must be submitted to the Tournament Director or the local Site manager.

**Tournament Director**: Lacey London, Athletic Director, Holy Names Academy

Play will commence with the Pledge of Allegiance or National Anthem.

**Tournament Committee:**

If a protest occurs and a ruling is required, then the Tournament Chair will assemble a Tournament Committee, which will consist of the following:

1. Head Official or Designee
2. Lacey London - Tournament Director
3. Two (2) head coaches who are not involved in the protest. This will be determined once a protest is filed.

**Admissions**

All spectators except children under 6 are required to pay an admissions fee. Please communicate the information to your fans prior to the tournament so they will arrive at the tournament prepared to pay the admissions.

## Ticket Prices

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| Adults/HS Students without ASB | $10.50 |
| Students – High School (with ASB) | $7.50 |
| Students – Elementary/Middle School | $7.50 |
| Senior Citizen – Age 62 and over | $7.50 |
| Children – Age 6 and under | N/C |

*Note: These prices reflect estimated service charges*

**Passes**

KingCo, Metro, WIAA or District 2 Lifetime passes, Coaches Association (2026-27) are the only passes that will be honored. Specifically, League and District passes will not be honored. The Head Volleyball Coach and/or Athletic Director of non-participating schools will be admitted free if their names are submitted to the Tournament Manager or Local Site Managers.

**Roster and Pass List**

- Team rosters and team pass lists must be uploaded and saved as PDFs on the WPA Roster Center by ***Tuesday, November 3, by noon.***
- Each Team will be allowed to enter a maximum of 14 players, 6 designated school personnel (coaches, managers, statisticians, etc.), 1 athletic trainer/medical provider, and 2 supervisory personnel. All names must be listed on the roster.
    - Those who are not on the roster will not be admitted without a ticket.
- Per WIAA rule, player rosters may only be changed between levels of post season (i.e between League and Districts and between Districts and State). Player rosters for District Tournament matches cannot be changed after a team's first match of the tournament.

**Medical and Athletic Training**

There will be a Certified Athletic Trainer present for site medical services. Taping can be done by the ATC, but each school will need to provide its own supplies. Ice and water will be available in the gym to all participants.

**Spectator Arrangements**

Each site will have its own spectator arrangements, and team supervisors are responsible to see that their spectators behave in an orderly and sportsman-like manner in compliance with any special site rules. Spectators will not be allowed on the floor of the main gym or in the warm-up areas. The following general rules will be strictly enforced at all sites.

1. Negative signs directed toward a team or individual are prohibited.
    a. Positive handheld signs are permitted.
2. Artificial and or mechanical noise makers are not permitted.
3. Confetti will not be allowed. Schools violating this policy will be assessed a clean-up fee.
4. No flash photography at any time while play is in progress on either court.
5. Fans should not call out specific athletes or numbers of athletes on the court.

**Match Format for Entire Tournament**

All games will be rally scoring to 25 points (no cap) with the 5$^{th}$ and deciding game being 15 points (no cap). All matches will be best 3 out of 5 games. This is the same scoring format that will be used at the State Tournament. All matches will be played out in their entirety.

**Linespersons/Scorekeepers/Libero Tracker**

The Greater Seattle Volleyball Officials (GSVO) will provide the following officials for each match:

- Officials (R1 & R2)
- One Scorekeeper
- Two Linespersons

**Libero Tracker and Scoreboard Operator** – each school must be prepared to provide a libero tracker or scoreboard operator for each match. **Your volunteer should be qualified to do either job.**

**Warm-Up**

The official warm-up time will be 20 minutes, with eight (8) minutes of shared court time, followed by six (6) minutes for the visiting team, then six (6) minutes for the home team. Hitting or serving the ball into the opponent's court is not allowed during the shared court time. Teams are not allowed to warm-up on the sidelines or endlines while waiting for their court time.

Note: In situations where a team must play consecutive matches, the team will be provided up to 20 minutes of rest before the official warm-up will begin.

**Game and Warm-Up Balls**

***IMPORTANT: Teams must provide their own warm-up balls for the entirety of the Metro Tournament.*** The higher seeded team (bottom team on bracket) will provide an NFHS approved game ball and be the home team for that match.

**Team Benches**

Teams will not change benches between sets.

**Team Arrangements**

Teams will keep their bags and valuables at their team benches.

Rostered players, coaches, managers, athletic trainers, and one statistician are the only personnel that will be permitted on the team bench during match play.